



## REVIEW ARTICLE

# Bone and bone marrow disruption by endocrine-active substances

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Bone is a multifaceted dynamic tissue, involved in mobility, mineral metabolism, and mesenchymal or stromal and hematopoietic progenitor or stem cells breeding. Recently, an endocrine role has been attributed to bone due to its ability to produce at least two hormones (osteocalcin and fibroblast growth factor 23) and to participate directly or indirectly in leptin, insulin, estrogens, and serotonin signaling; regulation; and action. Also, bearing in mind the enormous amounts of substances secreted by the different bone marrow cell types, it becomes understandable the contribution of bone tissue to systemic homeostasis. Besides, bone is a well-known estrogen-responsive tissue, reacting to environmental influences. Thus, it has been coined as a critical target of environmental xenoestrogens, known as endocrine-disrupting chemicals (EDCs). The exposure to EDCs results to disruption or imbalance of the systemic hormonal regulation of the skeleton including bone modeling and remodeling, local hormones, and cytokine or chemokine release. The present report highlights the harmful EDCs effects on bone tissue and provides up-to-date information of xenoestrogen action on proliferation, maturation, and homing of bone marrow inhabitants.

**KEYWORDS**

bone, bone formation, bone marrow, bone remodeling, EDC mechanistic pathways, endocrine disruptors, hematopoietic stem cells, mesenchymal stem cells

## 1 | INTRODUCTION

The development of many organ systems is based on gonadal hormone regulation, predominantly during the prepubertal and pubertal stage. The immune-hematopoietic and skeletal anatomophysiological entities are among those organs whose maturation is strictly related to hormone accomplishment. Physiological exposure to estrogens in childhood drastically determinates the final peak bone density in adulthood. In parallel, estrogens, through direct or indirect interactions, participate in bone and blood progenitor differentiation within the confines of the bone marrow.

Bone tissue is a dynamic ensemble of various cell types including mesenchymal-derived cells in late differentiation, such as osteoblasts, mature cells, such as osteocytes, and monocyte-derived cells, such as macrophages and osteoclasts. One of the foremost bone metabolic features is the bone renewal, usually referred to as remodeling. Bone

remodeling is controlled by complex mechanisms and signaling cascades, which maintain skeletal homeostasis and bone anatomical structure (Agas, Marchetti, Douni, & Sabbieti, 2015). Some of the main participants in this process are the parathyroid hormone (Hodsman et al., 2003; Sabbieti, Agas, Santoni, et al., 2009; Sabbieti, Agas, Xiao, et al., 2009), the fibroblast growth factor 2 (FGF2; Naganawa et al., 2006, 2008), the bone morphogenetic proteins (BMPs) (Rosen & Wozney, 2002; Sabbieti et al., 2013) the prostaglandins (PGs; Agas, Marchetti, Capitani, & Sabbieti, 2013; Sabbieti et al., 2010, 2008) as well as transcription factors and cytokines secreted within the intricate patchwork of the skeletal topography. The skull, hips, vertebrae, ribs, and long bone cavities encompass a fine-tuned multicellular system; the bone marrow consists of mesenchymal or stromal and hematopoietic progenitor or stem cells, and other components including neuronal stem cells, reticular adventitial cells, endothelial cells, and mature blood cells

(Agas et al., 2015). The organization of the above-mentioned microenvironment in well-defined operative microhabitats, identified as “niches,” and their physical interactions ensure the functional dimension of the bone tissue. As explicable, skeleton properties go far beyond support mobility and control calcium and phosphorus homeostasis and fulfill the systemic metabolic demands. For instance, bone accommodates stem cells and cells with a plasticity grade (e.g., mesenchymal stem cells [MSCs]), which, by releasing cytokines or chemokines, growth factors and other molecules, participate in differentiation or homing or egression of the blood constituents (Agas et al., 2015). Furthermore, recent findings on bone physiology have ascribed to this tissue a ductless gland potential. Namely, osteoblasts produce osteocalcin, essential for bone remodeling but also critical in regulating (i) glucose metabolism via increase of insulin sensitivity or secretion, (ii) energy expenditure through the modulation of peroxisome proliferation-activated receptor  $\gamma$  (PPAR $\gamma$ ) activity and glucose utilization, and (iii) induction of testosterone production in Leydig cells of the testes (Guntur & Rosen, 2012). Osteocytes, in turn, produce FGF23, which monitors bone mineralization and adjusts systemic phosphate concentrations at the kidney proximal tubule and at the intestinal level (Fukumoto & Martin, 2009).

Based on the above findings, the contribution of bone and bone marrow toward the whole systemic physiology, but also the importance of the different cell niches within this microenvironment characterized by functionality, integrity, and dependency, is clear. These idiosyncrasies have been attributed to the skeleton features as endocrine gland. Likewise, it is relevant that bone is an estrogen-responsive tissue and responds to environmental influences (Spelsberg, Subramaniam, Riggs, & Khosla, 1999). Skeletal homeostatic preservation is disrupted after exposure to environmental toxicants, known as xenobiotic (xenoestrogens) or endocrine-disrupting chemical (EDCs).

The concept of the EDCs is based on the inappropriate modulation of the endocrine system at the circulatory (hormone interaction) and/or the transcriptional level (Tabb & Blumberg, 2006). Within a broad scenario, the environmental xenoestrogens interfere with the endogenous hormone production and act as selected regulators of thyroid hormones, estrogen, androgen and a plethora of other receptors (Schantz & Widholm, 2001). The harmful EDCs outcomes lead to various metabolic disorders such as diabetes type 2 and obesity, hormone-related cancers and disturbance in the reproductive apparatus. It is noteworthy that exposure to EDCs exposure in utero or in early life stages can induce organ abnormalities, behavioral disorders and tumor formation (Swedenborg, Ruegg, Makela, & Pongratz, 2009). At the bone tissue level EDCs can exert deleterious effects both on the bone remodeling process and on bone intramural hormone production and, as a consequence, on the release of systemic hormones, cytokines, chemokines and growth factors (Agas, Sabbieti & Marchetti, 2013). Modern research has shown that xenobiotics could also disrupt stem cell fate at multiple levels, as well as bone marrow mesenchymal-stromal stem-progenitor cell differentiation and bone marrow niche organization (Agas, Sabbieti, et al., 2013; Annab et al., 2012).

EDCs have been classified into distinct families based on their chemical properties and exert singular effects on organs and tissues. Some paradigms of bone-disrupting environmental compounds are the perfluoroalkyl substances (PFASs), the phthalate esters, the dioxin and dioxin-like compounds, the diethylstilbestrol (DES), the bisphenol A (BPA), the organotin compounds and the alkylphenols. This report highlights recent findings related to the effects of these environmental chemicals on bone and the bone marrow, providing a molecular scenario of their action.

## 2 | NEW INSIGHTS INTO THE MECHANISMS OF ACTION FOR EDCS

### 2.1 | Molecular cascades and epigenetic EDCs targets

EDCs have the ability to interfere with the hormonal systems, often with complex dose-response curves, and to involve multiple signaling networks. It is known that EDCs exert agonistic or antagonistic effects on hormone receptors by disrupting their biosynthesis and thus hormone delivery to target tissues. EDCs can selectively bind the nuclear receptors (NRs), predominantly the androgen and estrogen receptors (ERs) but also the glucocorticoid receptor (GR), the mineralocorticoid receptor, the thyroid hormone receptors, the retinoid X receptor (RXR) and the PPARs (Swedenborg et al., 2009). The direct or indirect EDCs-receptor interaction triggers numerous signaling cascades and culminates, in certain cases, in epigenetic alterations such as DNA methylation and histone acetylation.

NRs are important regulators of several epigenetic patterns: chromatin states are under the control of ERs and the androgen receptor (Martens, Rao & Stunnenberg, 2011). Furthermore, these receptors, together with GRs and the aryl hydrocarbon receptor (AhR), regulate DNA methylation at a specific gene locus through interactions with DNA methyltransferases (DNMTs; Kouzmenko, Ohtake, Fujiki & Kato, 2010). Bearing in mind the above consideration, it is possible that the epigenetic effects elicited by exposure to xenoestrogens can be mediated by their binding to and interference with NRs functions. Accordingly, BPA alters DNA methylation patterns in a ERs dependent way (Kitraki, Nalvarte, Alavian-Ghavanini, Ruegg, 2015; Jorgensen, Alderman, & Taylor, 2016), whereas 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD) recruits DNMT1 on the target gene site via interaction with AhR (Papoutsis, Selmin, Borg & Romagnolo, 2015).

Altered expression of DNMTs upon exposure to EDCs causes genome-wide as well as gene-specific modifications in the methylation status (Jacobs, Marczylo, Guerrero-Bosagna & Ruegg, 2017). As a consequence, gene expression is altered and phenotypic change arises: Rats perinatally exposed to BPA have increased *Dnmt1* and decreased *Gad67* (one of the enzymes responsible for GABA production) messenger RNA (mRNA) expression. Due to these deregulated expressions, anxiety and alterations in synaptic plasticity occur, conditions that are reversed by the administration of DNMTs

inhibitor (5-aza-deoxycytidine) since it restores the expression level of *Gad67* (Zhou, Chen, Chang, Bai & Chen, 2013).

In addition, exposure to EDCs alters histone-modifying enzymes. In particular, the expression of histone deacetylases (HDACs) is upregulated upon exposure to dioxin, whereas binding of benzyl butyl phthalate (BBP) to sirtuins (SIRT) 1 and 3 decreases their expression levels, and the expression of two SIRT-dependent mitochondrial biogenesis genes. These processes lead to augmented reactive oxygen species production. Finally, BPA activates the phosphatidylinositol 3-kinase (PI3K)-Akt signaling pathway in an NR-independent way, and triggers an increased phosphorylation and inactivation of histone methyltransferase enhancer of zeste homolog 2 (EZH2), and an increased phosphorylation and activation of the histone methyltransferase MLL1. Therefore, BPA alters the epigenetic status by induction of histone demethylation and histone methylation (Jacobs et al., 2017).

EDCs-induced epigenetic modifications at imprinted genes have been reported to cause impaired sperm and egg maturation and function. Notably, phthalate esters are able both to disturb the methylation pattern of these genes, and to modify the chromatin status at the promoter regions by histone modification. These chemicals may alter the folding of DNA around histones by directly binding to their tail, thus modifying the inactivation or activation status of the genes (Benjamin et al., 2017; Jacobs et al., 2017).

The epigenetic modifications caused by EDCs can be classified as transgenerational effects as they can be transmitted for up to four generations in rodents (Anway & Skinner, 2006; Gore, Heindel, & Zoeller, 2006). Accordingly, metabolic and reproductive diseases and behavioral transgenerational effects are induced by in utero exposure to xenoestrogens. Furthermore, transgenerational reproductive defects have been identified after exposures to benzo[ $\alpha$ ]pyrene (B $\alpha$ P) in young mice through 6 weeks of age (Jacobs et al., 2017).

One of the most reviewed molecular pathways, due to its role in several metabolic features of chemical disruptors, such as B $\alpha$ P, polychlorinated biphenyls (PCBs), polychlorinated dibenzofurans (PCDFs), polycyclic aromatic hydrocarbons (e.g. 3-methylcholanthrene [3-MC]) and dioxin, is the AhR signaling network (Swedenborg et al., 2009). For instance, AhR ligands, such as the xenobiotics 3-MC or B $\alpha$ P, activate ER- $\alpha$  and induce estrogen transcription and higher estradiol production (Arcaro et al., 1999; Ohtake et al., 2003). Besides, ER-xenobiotic elective affinities initiate estrogenic signals that, in turn, influence gene expression and hormone biosynthesis (Wetherill et al., 2007). Accordingly, ERs, such as ER- $\alpha$ , ER- $\beta$ , and the G-protein ER GPR30, are directly affected after exposure to octyphenol, BPA and brominated flame retardants, exposure leading to thyroid and androgen hormone production and impaired lipid homeostasis (Mårtensson et al., 2009; Swedenborg et al., 2009).

On the other hand, the AhR-EDCs complex can also cause enhanced catabolism of steroid hormones and thus hormone degradation (e.g. AhR-P450 enzymes complex triggers

17- $\beta$ -estradiol hydroxylation; Tsuchiya, Nakajima & Yokoi, 2005). Bearing in mind that AhR is involved in glucose uptake and fat-tissue homeostasis, under physiological conditions, xenobiotics, such as dioxin, can increase the risk of diabetes type II and other metabolic syndromes (Fierens et al., 2003; Sato et al., 2008). Furthermore, dioxin-like compounds, such as PCB-77 stimulate adipocyte differentiation via AhR signaling activation. As a counter-check, in AhR(-/-) mice, the administration of PCB-77 had no effects on lipid deposition and body weight (Arsenescu, Arsenescu, King, Swanson & Cassis, 2008).

Nonetheless, EDCs could also target the proteasome-mediated degradation complex and could compromise the function or production of NRs and coregulatory factors. For example, BPA impedes EP- $\beta$  degradation and therefore increases EP- $\beta$  protein bioavailability (Masuyama & Hiramatsu, 2004). Another family of xenobiotics, the phthalate esters, is capable of disrupting the proteasome degradation of the nuclear pregnane X receptor and consequently causing imbalanced steroid hormone release in circulation (Masuyama, Inoshita, Hiramatsu & Kudo, 2002). Thus, the action of EDCs is not only restricted to deterring proteasome metabolic features but, additionally, increasing hormone receptor availability by stimulating mitogen-activated protein kinases (MAPK) signaling cascades or/and by inhibiting HDAC activity, promoting new steroid receptor transcription (Tabb & Blumberg, 2006).

Focusing on the molecular pathways involving EDCs-ERs, it is important to emphasize that both genomic nuclear ERs (nERs) and nongenomic membrane ERs (mERs) interact with xenoestrogens (Xu, Liu, Gu, Huang, & Pan, 2017). These chemicals alter specific gene expression by binding to nERs within the cytosolic compartment. After hetero- or homo-dimerization of the receptors, the xenoestrogen-ERs complex translocates in the nucleus where it binds estrogen-response elements (EREs; Kumar et al., 1987; Mangelsdorf et al., 1995). Straightforwardly, by the modulation of the ERs-ERE interaction, xenoestrogens interfere with the interaction between the receptors and their coactivator-corepressor and thus alter gene expression. EDCs interference is not restricted to ERE-containing genes: indeed, additional transcription factors, including Sp1, AP-1 and NF- $\kappa$ B, interact with nERs. Xenoestrogens are able to modify the interaction of these transcription factors with ERs, thereby indirectly altering the transcription of non-ERE containing genes (Acconcia, Fiocchetti, & Marino, 2017). Moreover, selective stimulation of estrogen-related receptors (ERRs) by xenoestrogens (but not endogenous estrogens) prompt them to compete with ERs for EREs, despite binding to ERR response elements, and subsequently to regulate gene transcription (Xu et al., 2017).

Nongenomic mERs signaling, generally faster than the genomic one, has been found to be modulated upon exposure to xenoestrogens. Indeed, these chemicals trigger ERs phosphorylation, which in turn activates several extranuclear signaling cascades, including the PI3K-Akt, ERK-MAPK, and p38-MAPK pathways (Acconcia et al., 2017).

## 2.2 | Mechanistic pathways of EDCs on bone and bone marrow components

Given the importance of estrogen and ER in skeletal formation in humans and mice (E. P. Smith et al., 1994; Windahl, Andersson & Gustafsson, 2002), there is compelling evidence of the interference of xenoestrogens in estrogenic activity and consequently in the bone modeling and remodeling process. Purposely, 4-nonylphenol (4-NP) induces osteoblast apoptosis through either mitochondrial (by increasing the critical death or survival ratio bcl-2-like protein 4 [Bax]-B-cell lymphoma 2 [Bcl2]) or extrinsic apoptotic pathways (involving the proapoptotic proteins caspase 8-BH3-interacting domain death agonist [Bid]) and interferes with the survival effects of 17- $\beta$ -estradiol. Also, 4-NP participates in the modulation of ERs receptors and strongly inhibits the upregulation of ERs induced by 17- $\beta$ -estradiol (Sabbieti et al., 2011). In a similar manner, BPA competes for the 17- $\beta$ -estradiol receptors, ER- $\alpha$  and ER- $\beta$ , and, due to its capacity to be freely transferred across the placenta, could result in compromised skeletal formation in fetal rats (Kim et al., 2001; Moors, Diel & Degen, 2006; Welshons, Nagel & vom Saal, 2006). Focusing on B $\alpha$ P effects on osteoblasts, it has been demonstrated that this chemical activates the mitotic signaling cascade ERK-MAPK and PI3K-Akt, via ERs regulation (Tsai, Yang & Liu, 2004). Similarly, two phthalate esters, BBP and di-*n*-butyl phthalate (DBP) mimic the effects of 17- $\beta$ -estradiol on rat osteoblasts and, by altering ERs accomplishment, induce the expression of proteins involved in proliferative signaling cascades (Agas et al., 2007).

Furthermore, EDCs can disturb bone homeostasis by modifying the differentiation commitment of MSCs. Notably, exposure to endocrine disruptors changes the epigenetic status of MSCs and shifts their developmental schedule in favor of adipogenesis. Indeed, BPA induces PI3K-Akt-dependent activation of the mTOR pathway in human preadipocytes, which in turn activates PPAR $\gamma$  and the transcriptional activator sterol-regulatory element-binding factor 1 (SREBF-1), important for adipogenesis and transcription of the PPAR $\gamma$  gene. In agreement, the expression levels of these genes have been found to be upregulated also by perinatal exposure to 4-NP (Bateman, Strong, McLachlan, Burow & Bunnell, 2017).

Even if conventional ERs-induced pathways inhibit adipogenesis, it has been proven that exposure to BPA alone, or in combination with NP, promotes adipogenesis through ERs signaling. A lower concentration NP activates nonclassical ERs molecular cascades, which in turn induce the expression of adipogenic genes, such as PPAR $\gamma$ , aP2, C/EBP $\alpha$ , and C/EBP $\beta$ . At lower concentration, EDCs increase PPAR $\gamma$  action and alter ER downstream signaling, leading to preadipocyte differentiation and MSCs adipogenic commitment (Bateman et al., 2017).

As mentioned above, EDCs affect MSC osteogenic differentiation by inducing osteoblast apoptosis. Accordingly, exposure to 4-NP, BBP, DBP and BPA decreases preosteoblast maturation and viability. Estradiol has been shown to induce MSC differentiation toward an osteogenic lineage and to increase MSC expression of osteogenic genes, including Runt-related transcription factor 2 (Runx2), alkaline

phosphatase (ALP), collagen I, transforming growth factor  $\beta$ 1 (TGF- $\beta$ 1), and BMP2. Moreover, several xenoestrogens, including 4-tert-octylphenol (OP), BPA, di(2-ethylhexyl)phthalate (DEHP), mono(2-ethylhexyl)phthalate (MEHP), DBP, and monobutyl phthalate, reduce estradiol levels. Given the important role of estradiol in the expression of osteoblastogenic genes, it can be deduced that its decline directly reflects the metabolic features MSCs (Bateman et al., 2017).

Finally, epigenetic alterations induced by xenoestrogens can be an additional issue that underlies the altered adipogenic-osteogenic differentiation of MSCs. Accordingly, BBP increases H3K9 acetylation and decreases its dimethylation. Additionally, upregulation of histone acetyltransferases and downregulation of HDACs expression have been observed. Collectively, these epigenetic changes in MSCs shift their differentiation schedule toward adipogenesis (Bateman et al., 2017). Similar results in terms of the fate of mice MSCs fate were found by Shoucri et al. (2017) using the obesogen tributyltin (TBT). Namely, TBT and RXR activators (rexinoids) strongly influenced MSCs lineage commitment. Importantly, TBT-induced RXR activation altered the expression of EZH2 and modified genome-wide histone 3 lysine 27 trimethylation (H3K27me3). This epigenetic bias directly reflects in reprogramming MSCs differentiation in favor of fat cells maturation (Shoucri et al., 2017).

Data on the signaling transduction mechanism of the effects of EDCs on bone in vitro and in vivo, in some cases, are contradictory depending on the normal or the pathological clinical profile of administration and the treatment protocols. For example, Hagiwara et al. (2008) have noted that 4-NP exposure in vitro (calvarial osteoblasts [COBs]) or in utero not only disrupted the bone cell homeostatic tableau and 17- $\beta$ -estradiol bioavailability but also promoted calcification of pup sternbrae through a nonestrogenic mechanism. The complexity of xenobiotic molecular pathways in bone cells remains unclear and resolving the mode of action of these disrupting chemicals remains a challenge for further field investigations.

## 3 | BONE AND BONE MARROW-DISRUPTING CHEMICALS

### 3.1 | PFASs

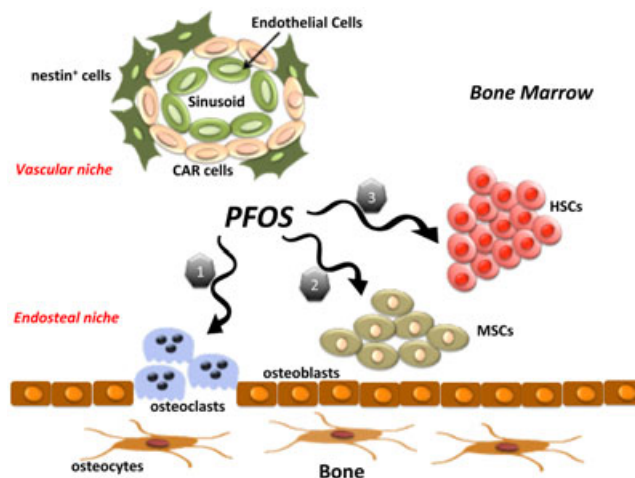
PFASs consist of a class of chemicals that have been used for more than six decades in surfactant and polymer industries and specifically in protective water- and stain-resistant coatings on clothing, carpets, furnishing, food containers, and in firefighting foam (Fromme, Tittlemier, Völkel, Wilhelm & Twardella, 2009). PFASs have been characterized as endocrine and metabolic disruptors and obesogens (Heindel et al., 2017). In fact, PFASs are deposited in the liver and the kidney and accumulate in the skeleton, giving rise to tumors, immunotoxicity, liver damage, spleen atrophy, adverse skeletal and reproductive outcomes, and developmental defects in animal models and humans (Cui, Zhou, Liao, Fu & Jiang, 2009; Fisher, Arbuckle,

Wade & Haines, 2013; Post, Cohn & Cooper, 2012; Yu et al., 2009). Notably, the U. S. National Health and Nutrition Examination Survey (NHANES) conducted in 2011–2012 uncovered that four PFASs, namely, perfluorooctanoic acid (PFOA), perfluorooctane sulfonic acid (PFOS), perfluorohexane sulfonic acid and perfluorononanoic acid, were detected in the serum of 97–100% sampled individuals aged 12 years or older (Lewis, Johns & Meeker, 2015).

Current *in vitro* and *in vivo* studies on experimental animals have shown that PFOA directly targets bone and bone marrow cell residents. Specifically, pregnant mice were exposed orally to PFOA  $0.3 \text{ mg}\cdot\text{kg}^{-1}\cdot\text{day}^{-1}$  throughout pregnancy, and female offspring were studied until the late age of 13 or 17 months. PFOA-exposed offspring showed increased femoral periosteal area, with a parallel decrease in the mineral density of tibias. It is noteworthy that PFOA accumulates in bone till old age and consequently exerts persistent deleterious effects on bone geometry and mineral density (Koskela et al., 2016). The PFOA induced distinct pathological scenarios in bone architecture, such as abnormal stimulation of bone resorbing osteoclasts (PFOA doses of  $0.1\text{--}10 \mu\text{M}$ ), and at higher concentrations decreased the cell viability of quite all the participants of bone remodeling (Koskela et al., 2016). Moreover, *in vitro* approaches using preosteoblastic cultures and treated with 100 and  $200 \mu\text{M}$  of PFOA revealed diminished metabolic features from 7th to 10th day after chemical administration. On the other hand, low PFOA concentrations ( $0.1\text{--}10 \mu\text{M}$ ) stimulated osteoblast differentiation as shown by the increased expression of osteocalcin mRNA and the increased amount of calcium. In terms of the “bone-eating cells,” PFOA ranging from 10 to  $200 \mu\text{M}$  increased osteoclast number, although high PFOA concentrations ( $200 \mu\text{M}$ ) reduced the area of resorption pits (Koskela et al., 2016). Definitely, here the authors faced with an imbalanced bone remodeling.

Additional findings shed light on the PFOS bioaccumulation microareas in the bone cavities and revealed that the bone marrow reservoir was more exposed to the chemical than cortical or trabecular bone in mice. Accordingly, male mice exposed for 5 days to PFOS (lowest dose of  $0.031 \text{ mg}\cdot\text{kg}^{-1}\cdot\text{day}^{-1}$ ) showed immunotoxic outcomes comprising impaired hematopoietic stem cells (HSCs) differentiation and MSCs commitment (Bogdanska et al., 2011, 2014). Taking into account that the bone marrow microenvironment is characterized by an extraordinary interdependence and interconnectedness of all the stem-progenitor and mature inhabitants, it is reasonable to assume that the PFAs disrupts the marrow niche machinery. PFOS that target components within the bone marrow reservoir are depicted in Figure 1.

In terms of human health, a NHANES study performed between 2005 and 2008 in the United States found that a higher serum concentration of PFOS is associated with a decrease in total lumbar spine bone mineral density (BMD) predominantly in premenopausal women. Among the sample of 1,147 women (842 premenopausal and 305 menopausal), serum measures revealed PFOA and PFOS concentrations of 3.96 and 15.32 ng/ml, respectively. These data represent the prevalence rates of osteoarthritis and osteoporosis in premenopausal women of 5.6% and 4.9%, respectively, and 16.4% and 20.7% in menopausal women, respectively. PFOA and



**FIGURE 1** PFOS target cells within the bone marrow microenvironment. PFOS alters osteoblastic and osteoclastic metabolic features and disrupts the fine-tuned bone remodeling process (1). PFOS can also reprogram the differentiation schedule of the MSCs (2) and the HSCs (3), disrupting the physiological supply of osteoblasts and hematopoietic components. CAR, CXCL12-abundant reticular cells; HSC, hematopoietic stem cell; MSC, mesenchymal stem cell; PFOS, perfluorooctane sulfonic acid [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

PFOS serum concentrations were also detected in males (4.7 and 19.23 ng/ml, respectively), with higher serum PFC concentrations observed in patients older than 60 years of both sexes (L. Y. Lin, Wen, Su, Chen & Lin, 2014). The above findings suggest effects of low-dose PFASs in humans, which comprise severe forms of osteopenia, correlating PFASs serum concentration and BMD.

### 3.2 | BPA

BPA (4,4'-isopropylidenediphenol), is a class of synthetic monomers. BPA is the major component of epoxy and polystyrene resins broadly used in protective coatings, in consumer products such as food-packaging and the beverage bottle industry, and in dentistry for dental sealants (Staples, Dome, Klecka, O'Block & Harris, 1998). Halogenated derivatives, such as tetrabromobisphenol A, are used as flame retardants for building material. Last years, BPA was also applied in thermal paper used for the production of cash and billing receipts in very high concentration ( $\sim 20 \text{ mg BPA/g/paper}$ ). Due to its widespread environmental distribution, BPA has been detected in the concentration range of 0.1–10 ppb in human blood and fetal tissues, and BPA metabolites can be found in almost everyone's urine (Hormann et al., 2014; Ikezuki, Tsutsumi, Takai, Kamei & Taketani, 2002). Early studies termed BPA a xenoestrogen because it can exert estrogenic effects through the classical nERs with  $\sim 10,000$  times less affinity than  $17\text{-}\beta\text{-estradiol}$  acting as a selective ER modulator and disruptor of the endocrine functions. Nonetheless, BPA initiates prompt responses via ERs presumably associated with the plasma membrane. These receptors can stimulate rapid signaling cascades at concentrations between 1 pM and 1 nM (Matthews, Celiuș, Halgren, & Zacharewski, 2000; Watson, Jeng, & Kochukov, 2010; Welshons et al., 2006). Further findings have

shed light on the potential of BPA and derivatives in indirect AhR-mediated actions on steroid synthesis and metabolism (Bonefeld-Jørgensen, Long, Hofmeister & Vinggaard, 2007). As hitherto established, chronic BPA exposure has been associated with reproductive and cardiovascular diseases, cancer, and metabolic disorders (de Coster & van Larebeke, 2012; Rochester, 2013).

The adverse effects BPA on embryofetal skeletal development were studied by Kim et al. (2001) in rodents, after maternal exposure to this chemical from 1 to 20 days of gestation. Administration of high BPA doses of 1,000 mg/kg during pregnancy resulted in significant maternal toxicity; in addition, the number of ossification centers of metacarpals, metatarsals, phalanges, and sternebrae was significantly decreased. At lower BPA doses of 100 and 300 mg/kg, minimal fetotoxicity and random skeletal variations comprising enlarged fontanel, cervical rib, short 13th rib, short supernumerary rib and wavy rib, misshapen sternebra, sacral and caudal vertebra variations and impaired bipartite ossification of thoracic centrum, hemicentric thoracic centrum, dumbbell ossification of the thoracic centrum and incomplete ossification of the pubis were observed. Although the above-mentioned BPA effects on the skeleton did not have an overall statistical validity in lower BPA experimental doses, the direct effects of BPA on embryonic bone formation are dose related and can induce retardation on bone ossification (lower dosage of 85, 100, 125, and 300 mg/kg during gestation days 1–15) or disruption of skeletal development (higher doses of 1,000 mg/kg; Kim et al., 2001).

The deleterious role of BPA in bone metabolism remains a highly controversial subject. Some reports have found that BPA treatment at doses of 0.1% BPA-diet for 5 months prevented bone loss in mice lacking the *Cyp19* gene, and therefore, estrogen production. In this case, in an estrogen-lacking scenario, the outcomes of BPA were not toxic and, as opposed to what might be assumed, served an estrogen-like function in skeletal metabolism and bone mass maintenance (Toda, Miyaura, Okada, & Shizuta, 2002).

Another report showed that the administration of BPA exerted effects on femoral geometry and biomechanical strength. BPA-treated mice from gestation day 11 to postnatal day 12 at a dose of 10 mg·kg<sup>-1</sup>·day<sup>-1</sup>, showed increased femur length: 2.3% in males and 1.0% in females (Pelch, Carleton, Phillips & Nagel, 2012). The above findings were further confirmed by recent studies on bone development in both BPA-exposed male and female offspring. Administration of doses as low as 25 g BPA·kg<sup>-1</sup>·day<sup>-1</sup> or 5,000 g BPA·kg<sup>-1</sup>·day<sup>-1</sup> to mice dams altered the femoral geometry in developmentally exposed offspring. Interestingly, the femur of the female BPA-exposed offspring was elongated and, instead, the femoral diaphyseal cortex of male offspring was significantly thicker, suggesting a sexually dimorphic effect (Lejonklou et al., 2016). Moreover, pregnant rats were exposed to BPA at doses similar to the range of daily human exposure (0.1–1.5 µg·kg BW<sup>-1</sup>·day<sup>-1</sup>). It is noteworthy that administration of BPA of only 0.5 µg·kg<sup>-1</sup>·day<sup>-1</sup> via drinking water from gestational day 3.5 and throughout lactation (postnatal day 21), led to shorter femurs, with reduced trabecular area and total cross sectional area in male offspring, indicating the sex-sensitive effects of BPA (Lind et al., 2017).

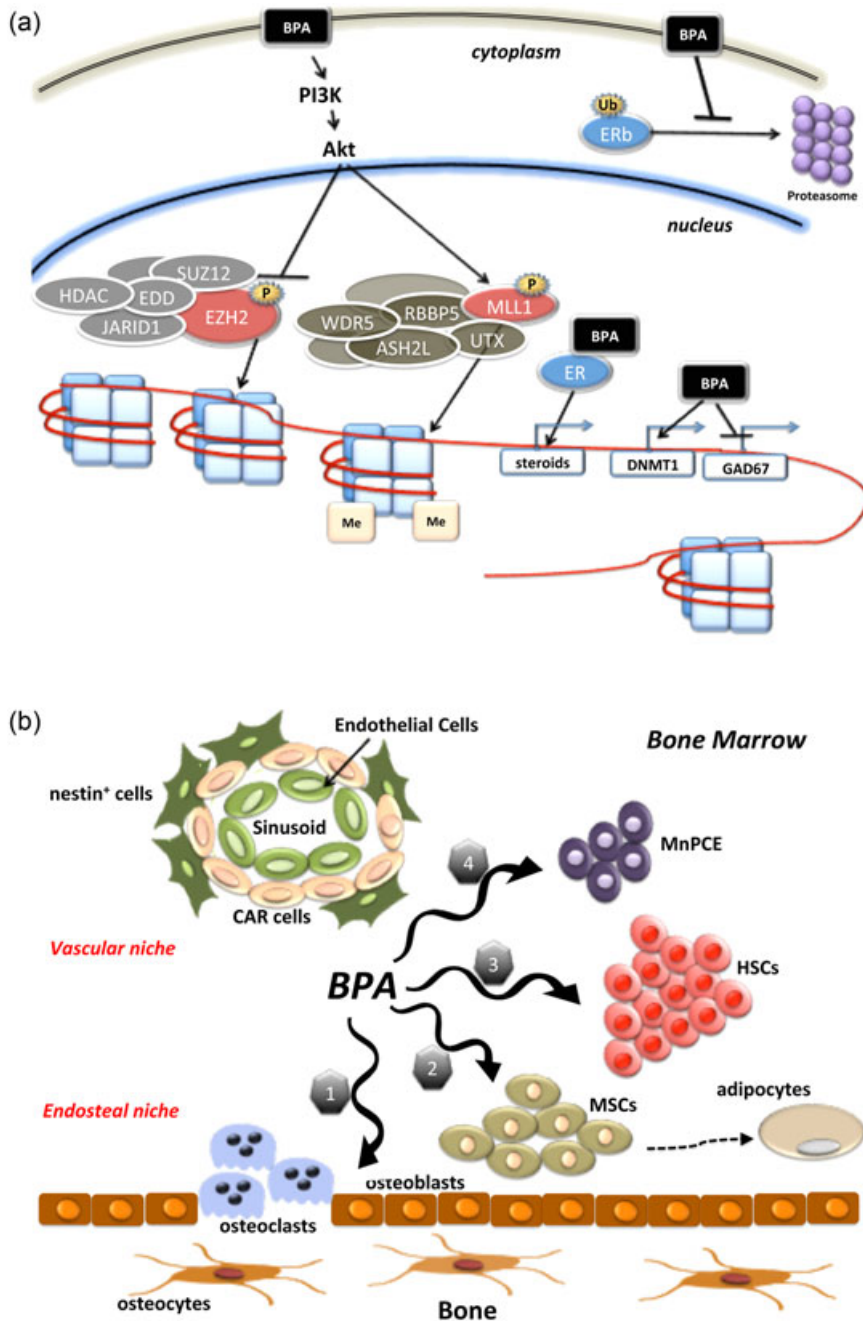
In terms of the pathological outcomes in the bone marrow microenvironment after BPA exposure, Tiwari et al. (2012) found that this chemical exerts cytotoxic but not mutagenic effects, and target the micronucleated polychromatic erythrocyte metabolism. Namely, oral administration of BPA to adult male and female rats once a day for 6 days, at doses of 10 g, 5 mg, and 50 mg/kg body weight (BW), increases the clastogenic activity in bone marrow cells and DNA fragmentation in blood lymphocytes. The oxidative stress induced by the action of BPA within the bone marrow could be one of the possible mechanisms of BPA-induced genotoxicity. In line with this, some authors claimed that BPA exposure affects bone marrow gene expression such as *Pparγ* (a gene with a key role in adipogenesis) and *Adams1* (linked to skeletal development), in a sex-related manner (Lind et al., 2017). Other in vitro studies found that BPA-treated bone marrow MSCs for 5 days, at doses of 100 nM or 1 M, caused marked alterations in their metabolic features. BPA, on the one hand, might enhance the proliferation of MSCs and, on the other, might decrease the renewal capacity of MSCs. Moreover, this compound augments adipogenic differentiation and alters the transcriptomic MSCs profile (Strong et al., 2016). Additionally, BPA can abolish the fine-tuned osteoblastogenic and osteoclastogenic differentiated schedule and reduce the key role of bone remodeling markers such as receptor activator of nuclear factor-kappa B (RANK), Runx2, and osterix (Osx), inducing adipogenesis (Hwang et al., 2013). So far, it can be assumed that the BPA induces impaired communication of the bone marrow elements within a remodeling scenario at the endosteal level. The epigenetic BPA targets and its action within bone marrow confines are shown in Figure 2.

The range of daily exposures was shown to be 0.1–1.5 µg BPA·kg<sup>-1</sup>·day<sup>-1</sup> in humans in different countries between the years 2006 and 2010 (Geens et al., 2012), although the diffusion has declined in U. S. adults during the period 2000–2014 (Ye et al., 2014). But the BPA experimental plateau on laboratory animals and the limited human observation are not reassuring for the human health.

Given that a minimal dose of BPA administration such as 25 g·kg BW<sup>-1</sup>·day<sup>-1</sup>, can alter the bone and consequently the bone marrow homeostasis in rodents and considering that (i) the human-equivalent dose used by the European Food Safety Authorities is 609 g BPA·kg<sup>-1</sup>·day<sup>-1</sup>, establishing a temporary theoretically daily intake of 4 g BPA·kg<sup>-1</sup>·day<sup>-1</sup> (European Food Safety Authority, 2015), and (ii) the current FDA reference dose for BPA is 50 g·kg<sup>-1</sup>·day<sup>-1</sup>, become reasonable to questioned about the bone and bone marrow developmental risk after BPA exposure in humans. In fact, the median urinary BPA in Germany children has been reported to be 1.76 µg/g Cr and the median BPA concentrations in different populations can vary between 1.7 and 2.4 µg/L. Notably, the median adjusted-BPA concentration in Thai children with advanced puberty and obesity was detected to be between 1.74 and 1.44 µg/g Cr (Supornsilchai et al., 2016).

### 3.3 | Alkylphenols

Alkylphenol ethoxylates (APEs) are xenoestrogens belonging to the class of nonionic surfactants and they are used in the production of



**FIGURE 2** BPA epigenetic targets and disrupting activity in the bone marrow. (a) BPA alters DNA methylation patterns in an ERs-dependent way. Furthermore, BPA activates the PI3K–Akt signaling pathway in an NR-independent way, and induces inactivation of histone methyltransferase EZH2, with concurrent activation of the histone methyltransferase MLL1. The chemical augmented Dnmt1 and reduced Gad67 transcription and impeded EP- $\beta$  degradation, increasing EP- $\beta$  protein bioavailability. (b) BPA disrupts the bone remodeling process downregulating key role participants, such as Runx2 and Osx (1). BPA enhances the proliferation of MSCs, with a concurrent decrease in the renewal capacity of MSCs. BPA switch differentiation MSCs schedule toward adipogenesis and alters the transcriptomic MSCs profile (2). BPA is involved in HSCs commitment (3) and targets the metabolism of micronucleated polychromatic erythrocytes (MnPCE) (4). BPA, bisphenol A; ER, estrogen receptor; EZH2, enhancer of zeste homolog 2; HSC, hematopoietic stem cell; MSC, mesenchymal stem cell; NR, nuclear receptor; PI3K, phosphatidylinositol 3-kinase; Runx2, Runt-related transcription factor 2 [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

paints, detergents, plastics and pesticides (Nimrod & Benson, 1996). The major degradation products of APEs are OP and 4-NP, which are widely diffused in the environment and commonly found in the wastewater and sludge of sewage treatment works, in river sediments and in drinking water (Giger, Brunner & Schaffner, 1984; Hernando et al., 2004). The APEs estrogenic-like effects and their toxicity have been identified in various tissues, such as the liver, kidney, spleen, blood (Barlas & Aydogan, 2009; Hsieh et al., 2009) and bones.

During the last decade, the disrupting action of APEs on bone volume and bone marrow homeostasis has been at the forefront of the studies in the field of EDCs. It is noteworthy that NP can increase  $\text{Ca}^{++}$  levels, induce  $\text{Ca}^{++}$ -independent cell death in human osteosarcoma

cells (Wang et al., 2005), and affect the immune system via impaired Th1 cell development and Th2 overproduction (Iwata, Eshima, Kagechika & Miyaura, 2004).

Kamei, Miyawaki, Sakayama, Yamamoto, and Masuno (2008) showed that the administration of OP in mice prenatally and postnatally decreased periosteal and endosteal bone formation at the femur diaphyseal level and blocked bone growth in width. Specifically, pregnant mice were exposed to drinking water containing OP, 1 g/ml (lower dose) or 10 g/ml (higher dose), from gestational day 10 and during the lactation period. Pups were also exposed to both doses of the chemical after weaning. Among the offspring the female skeleton, with prevalence at the expense of the male, resulted affected by OP; in fact, in female pups, bone formation markers such

as osteocalcin were downregulated (serum osteocalcin levels were fall down at 30%). Accordingly, reduced femur circumference and impaired long bone formation were observed predominantly after 1 g/ml of OP exposure. The low-dose OP-treated group also showed lesser ALP production, which further confirms the compromised bone deposition and the reduced diaphyseal perimeter. At higher doses, adverse effects of OP were likewise protracted to the trabecular area with consequent disruption of the cancellous bone network. Notably, although cortical bone width was significantly diminished, with a consequent reduction in bone strength, the length of long bones was preserved (Kamei et al., 2008).

Recently, some reports have shown that the administration of NP or OP (0.1 mg/kg BW) to pregnant mice at precise time points (10, 12 and 14 days postcoitus) induced accelerated ossification of the sternbrae and slight or considerable alterations in metatarsal, metacarpal and supraoccipital ossification of fetuses at 17 days postcoitus (Hagiwara et al., 2008).

The abnormal ossification of the sternbrae after OP exposure, has been supported by additional *in vitro* experimental designs, which showed that the administration of NP or OP in a dose-dependent manner (from  $10^{-9}$  to  $10^{-6}$  M), inhibited osteoclast formation in a coculture system of mouse bone marrow cells and in mouse osteogenic stromal cells ST2. The chemical-induced weakened osteoclast differentiation, resulted at 50% after  $10^{-8}$  M of NP or OP treatment, and these experimental doses did not affect the metabolic features of the osteoblastic cell line (Hagiwara et al., 2008).

In contrast, Miyawaki et al. (2008) reported that high alkylphenol doses, *in vitro*, disrupted the fine-tuned differentiation machinery of the multipotent C3H10T1/2 cells into osteoblasts. In particular, OP-treated C3H10T1/2 cells (15 g/ml for 7 days) showed 81% reduced ALP activity and decreased expression of TGF- $\beta$ 2, an essential factor for osteoblast differentiation. Moreover, PPAR $\gamma$ , the main adipocyte maturation marker, has been found to be upregulated after OP treatment. Due to these observations, the authors concluded that alkylphenol exposure interrupted the multipotent features of the considered cell line, causing a substantial lineage shift toward adipocyte differentiation (Miyawaki et al., 2008).

Other studies have focused on the capacity of the alkylphenols to interfere with the proliferative-survival metabolic features of 17- $\beta$ -estradiol on mouse COBs. Therefore, COBs exposure to high NP doses ( $10^{-4}$  M) *in vitro*, leads to massive cell death, whereas the lower doses ( $10^{-5}$  and  $10^{-6}$  M) activate both the extrinsic and the intrinsic apoptotic pathway. A number of regulatory apoptotic markers, such as the Bax-Bcl2 ratio, caspase 9, caspase 3, caspase 8 and Bib were found to be increased in COBs after NP treatment. Moreover, studies on osteoblast viability indicated that concomitant administration of NP ( $10^{-6}$  M) and 17- $\beta$ -estradiol ( $10^{-7}$  M) suppressed the upregulation of ERs induced by 17- $\beta$ -estradiol alone, indicating that NP overcome the physiological (anabolic) 17- $\beta$ -estradiol effects on COBs and substantially reduce the ERs differentiation-survival signals in osteoblasts (Sabbieti et al., 2011). Here, it has to be underscored that, similarly, exogenous estrogens during embryonic and fetal development might exert bone-disrupting

effects. Recently, the effects of gestational 17- $\beta$ -estradiol exposure on bone development were analyzed in porcine offspring. Low doses of 0.05 and 10 g E2/kg BW, referred as "acceptable daily intake" and "no observed effect level" in humans, induced sex-specific effects on bone development (Flöter et al., 2016).

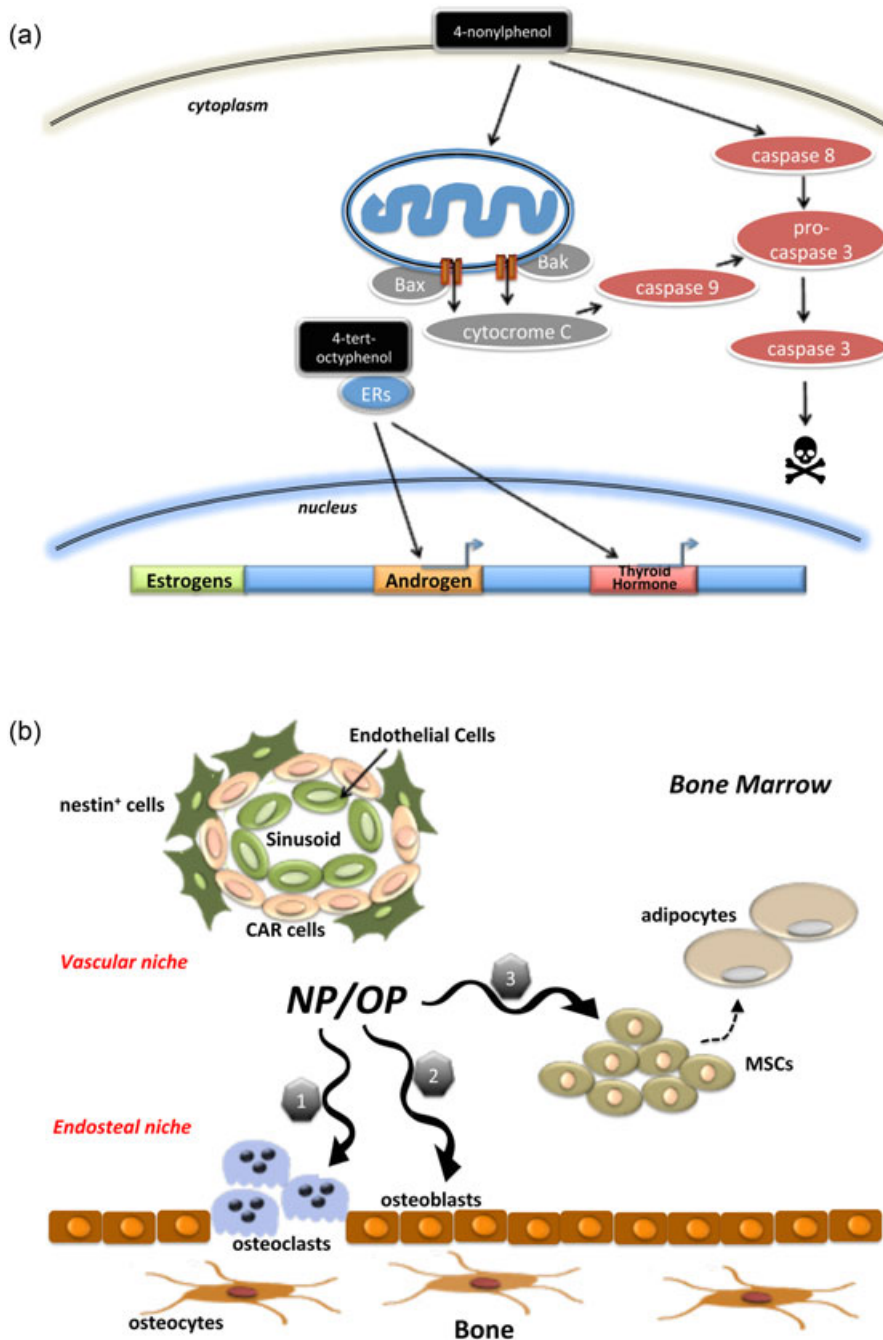
On the basis of the above evidences, the harmful alkylphenol effects on bone marrow microhabitats and bone-forming cells. Thus, these xenobiotics disrupt the optimal balance between osteoblasts and osteoclasts and the well-defined bone remodeling process. The gene modifications alkylphenol-induced and their action in the bone marrow are depicted in Figure 3.

### 3.4 | Phthalate esters

Phthalate esters are ubiquitous environmental contaminants characterized by a moderate resistance to degradation. The production of phthalate worldwide amounts to >18 billion pounds yearly. They are primarily used as plasticizers in the food industry, toys, car seats and blood bags (Blount et al., 2000; Group, 1986). The toxic potential of phthalates was identified many years ago (Mayer, Stalling, & Johnson, 1972), in addition to their estrogen-mimic activity, which led to the classification of phthalates as potent endocrine disruptors (Harris, Henttu, Parker & Sumpter, 1997; Jobling, Reynolds, White, Parker & Sumpter, 1995).

Early studies have demonstrated that exposure to phthalate metabolites can cause a significant increase in skeletal malformations due to deformity of the thoracic vertebrae and fusion of the vertebral arches in rat fetuses (Ema, Itami & Kawasaki, 1992). Besides, the deleterious effects of phthalate on bone and other tissues resulted in teratogenicity and embryo lethality, as observed after the administration of 2% of BBP in the diet during the first half of pregnancy in rats (Ema, Itami & Kawasaki, 1993). Therefore, DBP exposure via gastric intubation in dams on gestation days 7–9, 10–12 or 13–15 and at various doses from 750 to 1,500 mg·kg $^{-1}$ ·day $^{-1}$ , resulted in deformity of the vertebral column (higher doses), cleft palate and fusion of the sternbrae (median-lower doses). On evaluating the experimental evidences, it appears that the effects of DBP on bones were dose- and time dependent (Ema, Amano & Ogawa, 1994). In agreement with this a more recent study in which pregnant rats were exposed via an oral gavage to di-isooheptyl phthalate (DIHP) at doses of 300 and 750 mg/kg on gestational days 6–20, unveiled noteworthy dose- and time-dependent effects. The harmful effects of DIHP were observed in the fetuses, which presented skeletal variations and malformations, such as rib and vertebral anatomical irregularities, particularly after exposure to DIHP at a high dose (McKee, Pavkov, Trimmer, Keller & Stump, 2006). In agreement with this, administration of di-*n*-hexyl phthalate or dicyclohexyl phthalate by gavage in rats (at doses of 250, 500 and 750 mg·kg $^{-1}$ ·day $^{-1}$  and during gestational days 6–20) revealed sternbral and cervical anomalies, poor hyoid ossification and delayed ossification of the hindlimb proximal phalanges of fetuses (Saillenfait, Gallissot & Sabaté, 2009). Other phthalate metabolites, such as di-*n*-heptyl phthalate and di-*n*-octyl phthalate, administered using the above-mentioned





**FIGURE 3** NPs' potential target inhabitants within the bone marrow. (a) 4-NP induces osteoblast apoptosis through either mitochondrial or extrinsic apoptotic pathways and disrupts the survival effects of 17- $\beta$ -estradiol. 4-NP and OP play a role in the modulation of ERs receptors and strongly inhibit the upregulation of ERs induced by 17- $\beta$ -estradiol and reduce estradiol levels (b). NP-OP inhibit osteoclast formation (1) and decrease osteoblast differentiation markers such as TGF- $\beta$ 2, directly affecting osteoblast metabolism (2). Alkylphenol exposure interrupts the multipotent features of MSCs and shifts the lineage schedule toward adipocyte differentiation (3). ER, estrogen receptor; MSC, mesenchymal stem cell; NP: nonylphenol; OP, 4-tert-octylphenol; TGF- $\beta$ 2, transforming growth factor  $\beta$  2 [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

method, at doses of 0.25, 0.50, and 1 g·kg<sup>-1</sup>·day<sup>-1</sup>, induced skeletal malformations in fetuses, such as supernumerary lumbar ribs and reduced forelimb proximal phalanges (Saillefaït, Roudot, Gallissot & Sabaté, 2011).

In sum, on the basis of the *in vivo* effects of phthalate on skeletal formation reported so far, it can be deduced that exposure to different phthalate metabolites can cause marked changes in bone homeostasis and development.

The anabolic action of 17- $\beta$ -estradiol on bone cells is well documented and it is also known that this estrogen regulates cell cycle factors, such as cyclin D3 and consequently osteoblast proliferation (Fujita et al., 2002). In this respect, it has been demonstrated that an *in vitro* BBP treatment (10<sup>-6</sup> M) for 6 hr in

rat osteoblastic cultures induced increased D3 expression and abnormal cell proliferation via the agonistic effects of 17- $\beta$ -estradiol (Agas et al., 2007). The above data are in agreement with other findings, which showed that the DEHP treatment (10 M) for 48 hr in rat calvarial cultures augmented cell proliferation and decreased differentiated markers such as ALP, TAZ, Runx2 and collagen synthesis (Bhat et al., 2013).

Another report claimed that some phthalates exert dissimilar effects in different experimental models. Indeed, the *in vitro* treatment of 10<sup>-6</sup> M of BBP or DBP in mouse primary COBs led to upregulation of proapoptotic proteins, such as Bax, caspase 3 and caspase 9, and induced DNA damage and p53-mediated cell death (Sabbieti et al., 2009). Considering that in this study, the lowest

effective concentration of phthalates was tested to minimize cell toxicity, it can be speculated that BBP and DBP can induce mutagenesis in mouse osteoblasts.

Early studies focused on the action of phthalate on the rat bone marrow homeostatic mechanisms revealed that BBP exposure decreased bone marrow cellularity and the ratio of the volume of hematopoiesis, and altered the adipocyte population (Agarwal, Maronpot, Lamb & Kluge, 1985).

Furthermore, reports on B-cell metabolism and immune cell development have shown remarkable data on the effects of phthalate within the marrow reservoir. Notably, primary cultures of bone marrow B220<sup>+</sup>/CD43<sup>+</sup> B cells undergo apoptosis when treated with a metabolite of the ubiquitous phthalate DEHP, the MEHP, at doses ranging from 10 to 150 M for 16 hr. The mechanism of the immunotoxic action of MEHP is based on its capacity to cooperate with an endogenous bone marrow natural PPAR $\gamma$  ligand agonist, the 15-deoxy- $\Delta^{12,14}$ -PGJ<sub>2</sub>, which is known to be an apoptotic agent in the early developmental stages of the B cell. Keeping in mind that (i) the bone marrow microenvironment contains elevated levels of the PG PPAR $\gamma$  agonist, which regulates the fate of the B lymphocyte maturation, and (ii) phthalate ester metabolites are PPAR $\gamma$  agonists, it can be assumed that exposure to DEHP and/or MEHP inhibits proliferation and induces apoptosis in developing B cells, potentially via PPAR $\gamma$  signaling within the confines of the bone marrow (Schlezinger et al., 2004).

Recent findings have shown that the *in vitro* administration of MEHP (20  $\mu$ M for 7–10 days) induced lipid accumulation in mouse bone marrow-derived multipotent mesenchymal stromal cells and MEHP, acting as a PPAR $\gamma$  agonist, diverts the MSC differentiation pathway toward adipogenesis (Watt & Schlezinger, 2015). These results clearly demonstrate that MEHP suppresses osteogenic MSCs commitment, upsetting the overall bone health in experimental animals. The epigenetic modifications caused by phthalates as well as the bone marrow inhabitants disrupted by their action are shown in Figure 4.

Given the disrupting effects phthalate on rodent bone and bone marrow, there is an urgent need to identify the potential association of these xenoestrogens with human bone metabolism. One of the few studies in humans, with the support of the three NHANES cycles (2005–2006, 2007–2008 and 2009–2010), showed that in postmenopausal women ( $n = 480$ ) the urinary phthalate metabolites detected were negatively related to the total spine BMD. The phthalates involved were monoethyl phthalate (MEP), low-molecular-weight metabolites of mono-*n*-butyl phthalate (MNBP), monoisobutyl phthalate (MIBP) and MEP and of estrogenic metabolites (MNBP, MIBP, MEP monobenzyl phthalate [MBZP]); interestingly, increased concentrations of phthalate metabolites corresponded to a linear decrease in spinal BMD (DeFlorio-Barker & Turyk, 2016). Another report based on data from the 2005–2008 NHANES for 398 postmenopausal women observed that increases in the urinary mono-*n*-butyl phthalate, mono-(3-carboxypropyl)phthalate and MBZP quartiles were significantly associated with reduced total hip and femur neck BMD. The authors concluded that urinary phthalate

metabolites were associated with low BMD and a high risk of osteoporosis in postmenopausal women (Min & Min, 2014).

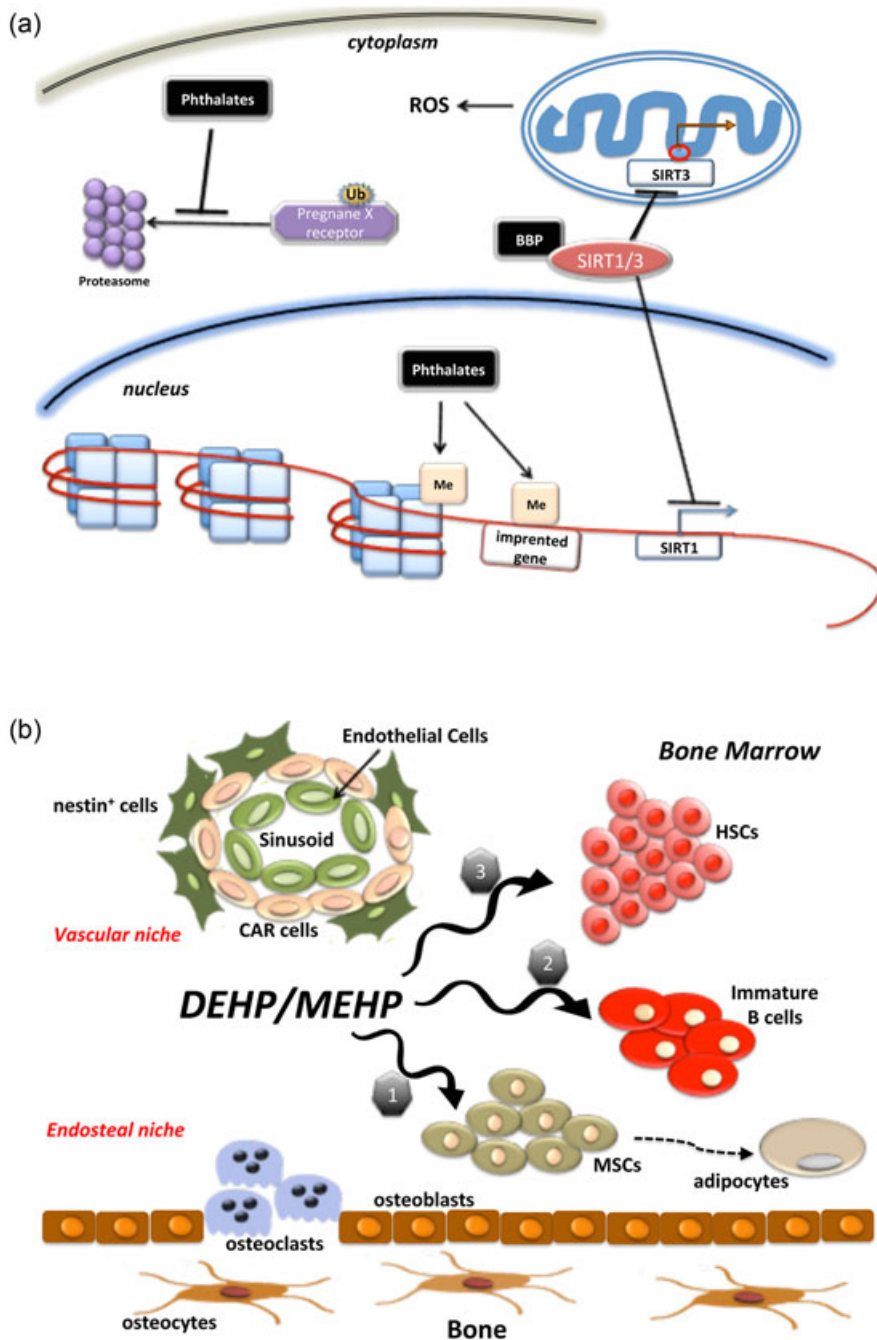
### 3.5 | DES

DES is a synthetic estrogen considered to be five times more potent than estradiol and identified as an ER- $\alpha$  activator with a similar affinity for the receptor as estradiol (IARC, 2012; Korach, Metzler & McLachlan, 1978). Due to its characteristic as an estrogen agonist, DES was extensively used during the 1950s and the 1960s to prevent miscarriages and to suppress postpartum lactation. In the 1970s this compound was used in agriculture and it was removed in 1979 due to its harmful effects on children born to DES-exposed mothers; furthermore, the deleterious overall effects on mothers and daughters also included vaginal adenocarcinoma and development of various cancer (Greenberg & Robert, 1982; Treffers, Hanselaar, Helmerhorst, Koster & van Leeuwen, 2001). Exposure to DES can also induce epigenetic changes and subsequently transgenerational sequel effects (Titus-Ernstoff et al., 2010).

Although the use of DES utilization has increasingly decreased, many recent works have focused on its destabilizing effects on bone homeostasis. Accordingly, a 4-week administration of DES to male and female mice, at doses of 500 g/kg, induced increased trabecular bone formation in the metaphyseal area of the femur. In DES-treated males, hyperostosis was also found at the sternum level. Interestingly, fibro-osseous lesions (FOLs), characterized by accelerated bone resorption with concurrent fibroplasia and abnormal bone turnover, were also found. The FOL observed after DES exposure may have occurred due to the formation of preneoplastic lesions and highlights the capability of this chemical not only to induce impaired osteoclast formation but also to enhance cancerogenic effects on bone (McAnulty & Skydsgaard, 2005).

Several studies have obtained comparable results on the effects of DES on bone mass and osteoclast maturation. Namely, female mice were injected with 100 g/kg DES from Days 9 to 16 of gestation or, alternatively, pups received neonatal injections of 2 g of DES from Days 1 to 5. In the DES-treated group, decreased osteoclast number and activity was observed, with consequent higher bone deposition and BMD (Migliaccio et al., 2000). In another *in vivo* investigation, female mice were treated with 2 mg·kg<sup>-1</sup>·day<sup>-1</sup> DES for 4 months. The female DES-treated group showed higher femur and lumbar vertebrae (LV1–LV4) BMD; the opposite effects were found in the male DES-treated group, with no significant changes in BMD (Piekarz & Ward, 2007). Furthermore, a subcutaneous DES injection (2 mg·kg<sup>-1</sup>·day<sup>-1</sup>) to mice from postnatal day 1–5 produced similar results. Female DES-treated mice showed stronger lumbar vertebrae due to increased BMD in contrast to the male DES-treated mice (Kaludjerovic & Ward, 2008). Thus, it is clear that relatively high DES doses exert sex-specific effects and therefore influences bone homeostasis in a sex-related manner.

Although high doses of DES ameliorate female bone constitution at femoral and lumbar anatomical districts, some reports have claimed that lower doses of this chemical could affect negatively



**FIGURE 4** Effects of phthalates outcomes on bone and bone marrow cell populations. (a) Phthalates disrupt the proteasome degradation of the nuclear pregnane X receptor and imbalance steroid hormone release. BBP binds to SIRT1 and SIRT3, decreasing their expression levels and consequently the (i) expression of two SIRT-dependent mitochondrial biogenesis genes and (ii) ROS production. (b) MEHP diverts the osteogenic MSCs commitment toward adipogenesis (1). DEHP and MEHP exposure inhibits proliferation and induces apoptosis in developing B cells (2) affecting the HSC operational schedule (3). BBP, benzyl butyl phthalate; DEHP, di(2-ethylhexyl)phthalate; HSC, hematopoietic stem cell; MEHP, mono(2-ethylhexyl)phthalate; MSC, mesenchymal stem cell; ROS, reactive oxygen species; SIRT, sirtuin [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

femoral geometry and bone strength. Indeed, the administration of DES via a min-osmotic pump in the dam at doses of  $0.1 \text{ g} \cdot \text{kg}^{-1} \cdot \text{day}^{-1}$  from gestation day 11 and to the pups until postnatal day 12 generated peculiar outcomes. Although femur length was increased in both the female and the male DES-exposed group, marrow cavity diameter, cortical width and bone tensile strength were decreased. As a consequence, the increase in length with a concurrent decrease in material strength generates fragile bones with increased cortical porosity and altered mineral composition (Pelch et al., 2012). Nonetheless, DES exposure ( $10 \text{ g} \cdot \text{kg}^{-1} \cdot \text{day}^{-1}$ ) during gestation days 11–14 increased lumbar and femoral bone area, trabecular area and bone mineral content, only in female offspring. Male DES-treated

mice developed a pathological tableau and therefore a decrease in all the above-mentioned structural–anatomical parameters (Rowas et al., 2012), once more highlighting the sex-related effects of DES.

An interesting study by S. E. Lin, Huang, Wu, Wu and Cui (2013) in ovariectomized (OVX) rats revealed that the administration of DES ( $10 \mu\text{g} \cdot \text{kg}^{-1} \cdot \text{day}^{-1}$ ) plus aspirin ( $9 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{day}^{-1}$ ) via an oral gavage for 90 days can effectively prevent bone loss by reducing bone resorption and can prevent hypertriglyceridemia with beneficial effects on lipid metabolism in OVX rats. Therefore, the authors reported that combined aspirin and low-dose DES could be a promising therapeutic platform against postmenopausal bone loss.

### 3.6 | Organotin compounds

Organotin compounds are environmental contaminants used as marine antifouling agents and to date, have been used in food crop fungicides, wood preservatives, and stabilizers for polyvinylchloride polymers. Accumulation of these compounds has been reported in marine fish and mammals (Harino, Fukushima & Kawai, 2000; Kannan, Corsolini, Focardi, Tanabe & Tatsukawa, 1996), but also in human liver and blood at concentrations ranging from 0.1 to 450 nM (Antizar-Ladislao, 2008). Their ability to be ubiquitous was further confirmed by the fact that these chemicals have been found in measurable quantities in house dust (Cornelissen et al., 2008; Kannan, Takahashi, Fujiwara, Mizukawa, & Tanabe, 2010). The organotin compounds were also considered environmental obesogens due to their ability to disrupt the homeostatic control of adipogenesis and consequently to interfere with bone marrow MSCs commitment to osteoblast and bone cell deposition.

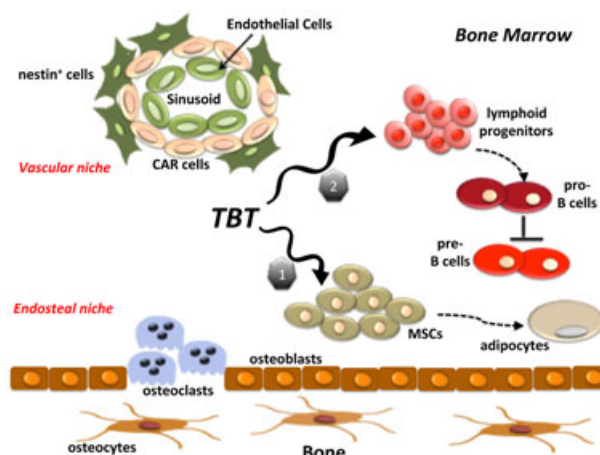
Different experimental protocols have been used to investigate the adverse effects of organotin compounds on bone and bone marrow anatomical compartments.

For instance, the administration of TBT to pregnant rats via a gavage (10 or 20 mg/kg) from gestational day 0–19, induced delayed ossification of the fetal skeleton accompanied by misaligned sternbrae or sternoschisis (Adeeko et al., 2003). These findings were further supported by other reports, showing that TBT subcutaneous administration (1 mg/kg) to pregnant mice at days 10, 12 and 14, compromised supraoccipital bone calcification of fetuses and, in some cases, metatarsal and metacarpal ossification (Tsukamoto, Ishihara, Miyagawa-Tomita & Hagiwara, 2004). For a better understanding of the osteodestructive effects of TBT at the molecular level, *in vitro* experiments were performed in rat calvarial osteoblastic (ROB) cells. It is noteworthy that TBT ( $10^{-8}$  and  $10^{-7}$  M) treatment on ROB cells suppressed the expression of key players of bone formation, such as ALP and osteocalcin, and impeded calcium signaling and deposition (Tsukamoto et al., 2004).

It is noteworthy that other *in vitro* studies have shed light on the effects of TBT on human and mouse bone marrow MSCs and their differentiation schedule. TBT treatment at doses of 5 or 50 nM (human MSCs) and 50 nM (mouse MSCs) reprogrammed the fate of MSCs to favor adipogenesis via activation of PPAR $\gamma$  signaling at the expense of the osteogenic signaling cascades (Kirchner, Kieu, Chow, Casey & Blumberg, 2010). Recently, it has been found that TBT pretreatment in mice MSCs (doses of 5 and 50 nM) for 48 hr upregulated the adipose commitment marker zinc finger protein 423 (Zfp423), the early differentiation markers PPAR $\gamma$  and CCAAT-enhancer-binding protein  $\alpha$  (Cebpa), and the adipose lineage markers such as fatty acid-binding protein 4 (Fabp4), fat-specific protein 27 (Fsp27), and lipoprotein lipase (Lpl). These observations confirm the transcriptional regulation of early adipogenic markers by TBT, RXR-mediated (Shoucri et al., 2017).

The above-mentioned *in vitro* findings on the effects of TBT on MSCs homeostasis were reproduced to *in vivo* evidences. Pregnant dams were administered TBT (0.1 mg/kg) by gavage and at 8 weeks

postpartum, the bone marrow MSCs were isolated from the offspring. As expected, the stromal stem cells exhibited a decreased osteogenic capacity and augmented adipogenic differentiation and adipocyte population (Kirchner et al., 2010). Recent reports have supported the findings presented so far and claimed that TBT (100 nM) and triphenyltin (TPHT; 50 nM) treatment in mouse bone marrow cultures for 7 days caused osteogenic lineage suppression and an increase in proadipogenic markers increase (Watt & Schlezinger, 2015). The molecular explanation for the antiosteogenic organotin action is based on the interaction of the chemicals with both PPAR $\gamma$  and RXRs, suggesting their direct roles in multiple NR pathways. The direct organotin activation of PPAR $\gamma$  and RXR switches the MSCs schedule versus adipogenesis instead of osteoblast differentiation and bone deposition (Baker, Watt, Huang, Gerstenfeld & Schlezinger, 2015). It is noteworthy that prenatal TBT exposure (5.42, 54.2 or 542 nM) to pregnant mice induced a transgenerational reprogramming of MSC fate due to decreased expression of bone-specific markers, such as ALP and Runx2, in female mice 1 (F1) and F3 generations. In parallel, an increase of adipogenic signals and the MSC swift toward adipogenic lineage at the expense of the osteogenic lineage were observed even upto the F3 generation (Chamorro-García et al., 2013). Considering that lymphopoiesis is supported by bone marrow stromal elements and MSC disruption drives impaired hematopoiesis (Agas et al., 2015) recent studies showed that TBT (80–100 nM), on the one hand, compromises the morphological and functional aspects of the bone marrow niches, and on the other, suppresses the proliferation of hematopoietic cells in an *ex vivo* mice bone marrow model. Indeed, TBT exposure in mice reduced the progression of B cells from the early pro-B to the pre-B stage, which may be related to a reduction in “aging-sensitive” B cells within the bone marrow (Baker et al., 2017). The overall bone marrow DES targets are shown in Figure 5.



**FIGURE 5** Effects of organotin compounds on bone marrow MSCs and HSCs. TBT influences the fate of MSCs to favor adipogenesis (1). TBT reduces the progression of B cells from the early pro-B to the pre-B stage (2). HSC, hematopoietic stem cell; MSC, mesenchymal stem cell; TBT, tributyltin [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

### 3.7 | Dioxin and dioxin-like compounds

It is been a while since research has attributed endocrine disrupting properties to dioxin and its derivatives as they can bind to AhRs and modify the cell transcriptional machinery (Singh et al., 2000). This class of environmental contaminants has been considered ubiquitous, found in cigarette smoke and herbicides but also in the food chain, principally in meat, fatty milk, and fish products. Dioxins can be released from natural sources such as forest fires and volcanoes. A peculiar characteristic of these chemicals is their ability to be transferred from adipose tissue to the mother's milk and consequently move on to the child about 20–25% of mother's dioxin burden (Kvalem et al., 2012; Tuomisto, 2001). Due to their lipophilic nature they are found in many human tissues and described as immunotoxicants, neurotoxicants, hepatotoxicants and inducers of metabolic disorders, wasting syndromes and developmental alterations in experimental animal models (Pohjanvirta & Tuomisto, 1994). Thus, dioxin derivatives have been considered highly toxic and stable compounds and it has been estimated that in the mid-1990s, the daily intake of polychlorinated dibenzo-*p*-dioxins (PCDDs), PCDFs, and PCBs by humans approached values of 1–3 pg toxic equivalent quantity per kg body weight per day (World Health Organization, 1996). Current reports have confirmed that children living near electronic waste recycling facilities in China, are exposed to a range of dioxin derivatives daily (Guangen et al., 2011; Leung et al., 2011; Shen et al., 2010).

Considering that (i) the prenatal and perinatal periods of development are particularly susceptible to the effects of toxicants and (ii) the severity of health outcomes is dependent on the developmental time period during which exposure to toxicants occurs, several reports have argued that the major adverse effects of dioxin are exerted in the growth-related period (Birnbaum, 1995; Damstra, 2002).

In this vein, various severe bone and bone marrow morphological modifications have been diagnosed after dioxin exposure in utero or at the early postnatal stage.

The influence of TCDD on bone cells metabolism has been studied for more than three decades. TCDD is considered the most potent dioxin derivative, with direct cytotoxic effects via the activation of AhR cascade and the transcription of dioxin-responsive genes (Okey, 2007). Keeping in mind that both osteoblasts and osteoclasts express AhR, with receptor transduction peaking after matrix maturation and during the osteoblast late differentiation stage, the close correlation between the action of TCDD and bone cell metabolism is clear. The *in vitro* findings on rat osteoblastic cultures TCDD-treated ( $10^{-8}$  M) strongly buttress the above consideration. In fact, TCDD suppressed postconfluent formation of multicellular nodules and thus the osteoblast maturation process (Gierthy, Silkworth, Tassinari, Stein & Lian, 1994). Comparable results were also obtained when rat bone marrow stromal cells were exposed to TCDD ( $10^{-9}$  to  $10^{-12}$  M). The main osteodifferentiating markers, such as ALP and collagen type I, were reduced after the administration of TCDD at values 33 and 30% correspondingly (Singh et al., 2000). Osteocalcin and Runx2

expressions were also decreased in mouse and rat bone marrow stromal cell cultures treated with TCDD (100 fM or 10 pM; Korkalainen et al., 2009).

Several experiments have been carried out to highlight effects of AhR signaling in developmental bone formation TCDD-exposed. *In vivo* findings in rats suggest that TCDD–AhR interactions cause anatomical changes, especially effects on tibial length, cortical density, and diaphyseal geometry (TCDD doses of 1.7 or 17 g/kg for 20 days; Jamsa et al., 2001). There is no doubt that these chemicals trigger skeletal defects according to different administration protocols (e.g. TCDD doses of 5 or 10 nM; Ryan et al., 2007).

Nonetheless, during the gestational and postnatal period TCDD exposure in rats resulted in decreased cross-sectional area of the tibia and the femur accompanied by a smaller endosteal and periosteal circumference (TCDD doses of 1 g/kg from gestational day 11 to postnatal day 19; Miettinen et al., 2005). Interestingly, administration of TCDD 1 g/kg on gestational day 11 reduced the bending force of the tibia, and caused bone stiffness, and alterations in hardness, plasticity index, and storage modulus (Finnila et al., 2010). These results clearly indicate the harmful effects of dioxin on bone integrity. TCDD treatment rendered the skeleton more ductile, softer and less able to store energy.

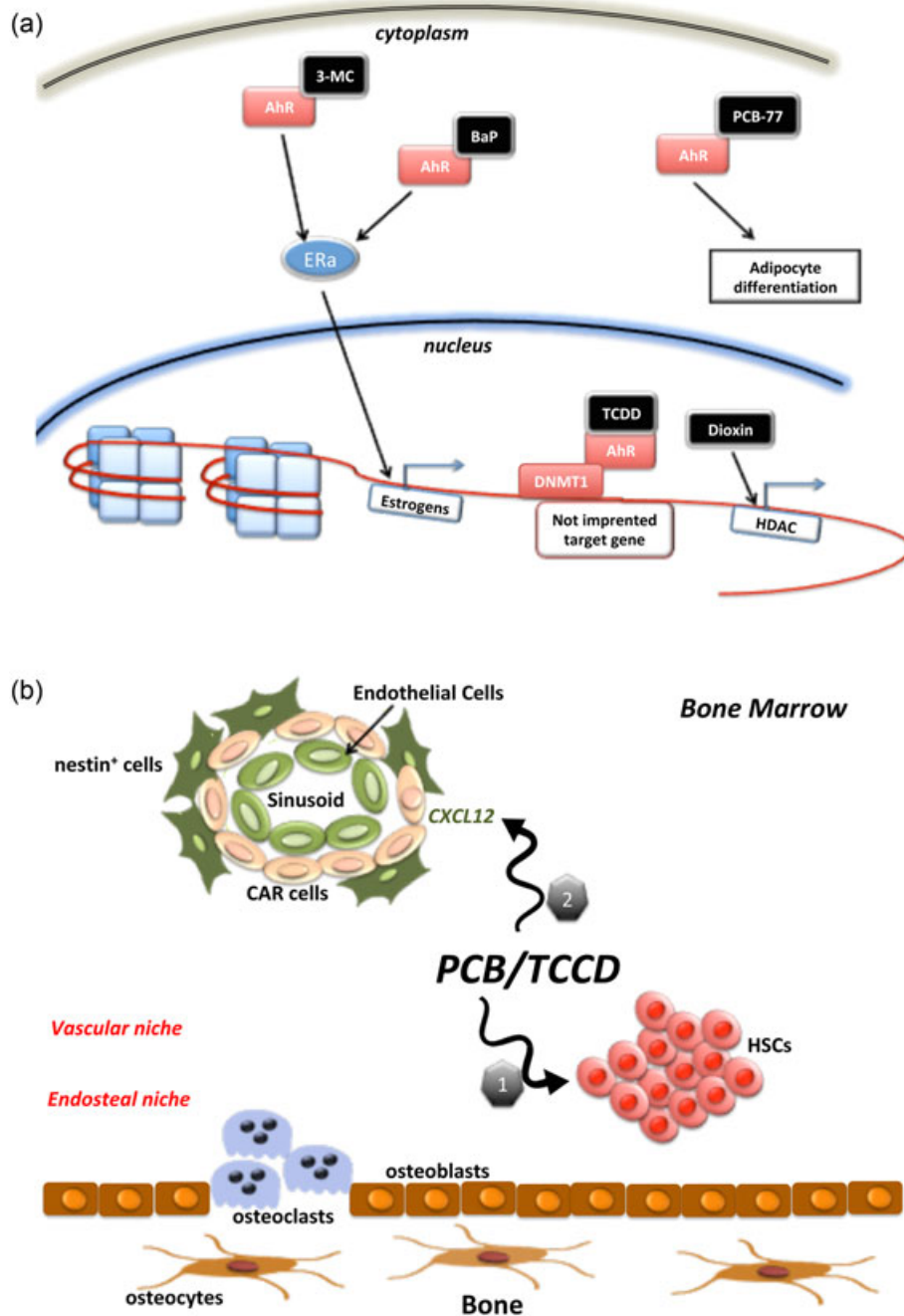
Recent findings have demonstrated that the timing and the duration of TCDD exposure exerts differential effect on craniofacial development and growth in rodents, including craniofacial size reduction and altered craniofacial geometric morphometrics such as suture morphology and fluctuating asymmetry. Definitely, TCDD-induced bone disruption occurs at a lower dose of exposure during utero–lactational and growth stages than during adulthood (Sholts et al., 2015).

It is well established that activation of the AhR by dioxin leads to the disruption of intracellular molecular pathways, with direct effects on bone metabolism. Specifically, TCDD inhibits the action of BMP2 on bone regeneration and spine fusion in a rat arthrodesis model, predicted a disruption of specific key role osteoforming signaling cascades (Hsu et al., 2015).

Other dioxin-like compounds such as 3-MC, B $\alpha$ P and PCBs can also exert analogous effects on bone. For instance, 3-MC 1 mg/kg administration in pregnant mice triggered offspring delayed ossification of sternebrae, limbs, cervical thoracic and lumbar vertebrae and supraoccipital bone in the offspring. The adverse 3-MC effects on skeletal development were due to AhR signals, which resulted in the disruption of specific genes disruption involved in bone formation (Naruse et al., 2004; Naruse, Ishihara, Miyagawa-Tomita, Koyama, & Hagiwara, 2002). In terms of the action of B $\alpha$ P on bone, there are mostly *in vitro* reports indicating that this polycyclic aromatic hydrocarbon can induce abnormal osteoblast proliferation, decreased osteoclast activity and accelerated chondrocyte differentiation in rodents (Kung, Yukata, O'Keefe & Zuscik, 2012; Tsai et al., 2004; Voronov, Li, Tenenbaum & Manolson, 2008). The above-mentioned findings indicate a doubtless pathological tableau and highlight the impaired bone cell metabolic features that occur after B $\alpha$ P treatment.

The halogenated aromatic hydrocarbon PCB has been considered a potent xenoestrogen. On administration at an overall dose of 384 g/kg in adult female rats, B $\alpha$ P induced significant alterations in vertebral mineral composition and stimulated bone resorption at the expense of bone deposition (Alvarez-Lloret, Lind, Nyberg, ÖrbegOrberg & Rodríguez-Navarro, 2009).

Recently, AhR signaling has been associated with the maintenance and differentiation of adult HSCs (Lindsey & Papoutsakis, 2012; B. W. Smith et al., 2013). Hematopoiesis is widely acknowledged as the process by which immature HSCs and progenitor cells differentiate into mature blood and immune cells (Agas et al., 2015; Sabbieti, Marchetti, Censi, Lacava & Agas, 2017). HSC niches within



**FIGURE 6** Dioxin compounds induce epigenetic modifications and alter bone marrow physiology. (a) B $\alpha$ P, 3-MC and PCB-77 by disrupting the AhR signaling network activate ER- $\alpha$  and induce estrogen transcription and higher estradiol production stimulates adipocyte differentiation. TCDD recruits DNMT1 on the target gene site via interaction with AhR and causes gene-specific modifications in the methylation status. (b) PCB and TCDD lead to enfeebled hematopoiesis (1) and reduce CXCR4-CXCL12 expression (2). AhR, aryl hydrocarbon receptor; B $\alpha$ P, benzo [ $\alpha$ ]pyrene; DNMT, DNA methyltransferase; ER, estrogen receptor; HDAC, histone deacetylase; HSC, hematopoietic stem cell; 3-MC, 3-methylcholanthrene; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

**TABLE 1** Effects of EDCs on bone and bone marrow cells

Endocrine substances	Species	Sex specific	Tissue–cell target	Pathological outcome	Dose–treatments	References	
Perfluoroalkyl substances	Mice	No	Femur	↑ Periosteal area	0.3 mg·kg <sup>-1</sup> ·day <sup>-1</sup>	Koskela et al. (2016)	
			Tibia	↓ Mineral density			
			OCs	↑ Number and activity	0.1–200 μM	Bogdanska et al. (2011, 2014)	
			OBs	↑ Differentiation	0.1–10 μM		
				↓ Activity	100 and 200 μM		
			HSCs	Impaired differentiation	0.031 mg·kg <sup>-1</sup> ·day <sup>-1</sup>		
			MSCs	Impaired commitment			
	Humans	Female	Systemic serum	↓ Lumbar spine BMD	≤15.32 ng/ml		L. Y. Lin et al. (2014)
Bisphenol A	Rats	No	Metacarpal	↓ Number of ossification centers	1000 mg/kg	Kim et al. (2001)	
			Metatarsal				
			Phalanges				
			Sternebrae				
				Skeleton	Random variation	100 and 300 mg/kg	Toda et al. (2002)
	Cyp19 <sup>-/-</sup> mice		Skeleton	Prevent bone loss	0.1% BPA-diet		
	Mice	No	Femur	↑ Length	10 mg·kg <sup>-1</sup> ·day <sup>-1</sup>	Pelch et al. (2012)	
		Female	Femur	↑ Length	25 and	Lejonklou et al. (2016)	
		Male		↑ Diaphyseal cortex thickness	5000 μg·kg <sup>-1</sup> ·day <sup>-1</sup>		
	Rats	Male	Femur	↓ Length, trabecular area and total cross sectional area	0.5 μg·kg <sup>-1</sup> ·day <sup>-1</sup>	Lind et al. (2017)	
		No	Bone marrow cells	↑ Osteoclastogenic activity	10 μg, 5 mg and	Tiwari et al. (2012)	
		Blood lymphocytes	DNA fragmentation	50 mg·kg <sup>-1</sup> ·day <sup>-1</sup>			
Humans	No	MSCs	↑ Adipogenesis	100 nM and 1 μM	Strong et al. (2016)		
Mice	No	RANK, Runx2, Osx →OBs and OCs	↑ Adipogenesis	0.5–12.5 μM	Hwang et al. (2013)		
Alkylphenols	Mice	No	Osteocalcin, ALP	↓ Bone formation and deposition	1 and 10 μg/ml	Kamei et al. (2008)	
			Femur	Disrupted trabecular bone			
				↓ Circumference, cortical bone width and bone strength			
				Sternebrae	Accelerated and altered ossification	0.1 mg/kg BW	Hagiwara et al. (2008)
				Metatarsal			
				Metacarpal			
				Supraoccipital			
	OCs	Inhibited formation	10 <sup>-9</sup> –10 <sup>-6</sup> M	Miyawaki et al. (2008)			
	ALP, TGF-β2, PPARγ →C3H10T1/2 cells	↑ Adipogenesis inhibited osteoblastogenesis	15 μg/ml				
		Bcl2/Bax, caspases, Bid, ERs→OBs	Apoptosis	10 <sup>-5</sup> and 10 <sup>-6</sup> M	Sabbieti et al. (2011)		
Phthalate esters	Rats	No	Vertebral column	Malformations	750–	Ema et al. (1994)	
			Palate		1,500 mg·kg <sup>-1</sup> ·day <sup>-1</sup>		
			Sternebrae				
			Ribs	Alterations	300 and 750 mg/kg	Mckee et al. (2006)	
			Vertebrae				
			Phalanges	Malformations	250, 500,	Saillenfait et al. (2009, 2011)	
			Ribs		750 mg·kg <sup>-1</sup> ·day <sup>-1</sup>		
Sternebrae		and 0.25, 0.5, 1 g·kg <sup>-1</sup> ·day <sup>-1</sup>					

(Continues)

TABLE 1 (Continued)

Endocrine substances	Species	Sex specific	Tissue-cell target	Pathological outcome	Dose-treatments	References
	Mice		Cyclin D3 →OBs	Abnormal cell proliferation	10 <sup>-6</sup> M	Agas et al. (2007)
			ALP, TAZ, Runx2, collagen →OBs	↑ Proliferation ↓ Differentiation	10 μM	Bhat et al. (2013)
			Bax, caspases, p53 →OBs	DNA damage Apoptosis	10 <sup>-6</sup> M	Sabbieti et al. (2009)
			MSCs	↑ Adipogenesis	20 μM	Watt and Schlezinger (2015)
Humans		Urine	↑ Osteoporosis risk ↓ BMD		Min and Min (2014)	
Diethylstilbestrol	Mice	No	OCs	↓ Number and activity ↑ BMD and bone deposition	100 μg/kg	Migliaccio et al. (2000)
		Female	Femur vertebrae	↑ BMD	2 mg·kg <sup>-1</sup> ·day <sup>-1</sup>	Piekarz and Ward (2007); Kaludjerovic and Ward (2008)
		No	Femur	↑ Length ↓ Marrow cavity diameter, cortical width and bone strength	0.1 ng·kg <sup>-1</sup> ·day <sup>-1</sup>	Pelch et al. (2012)
		Female	Femur	↑ Bone area, trabecular area and bone mineral content	10 μg·kg <sup>-1</sup> ·day <sup>-1</sup>	Rowas et al. (2012)
		Male		↓ Bone area, trabecular area and bone mineral content		
Organotin	Rats	No	Skeleton Sternebrae	Delayed ossification Malformations	10 or 20 mg/kg	Adeeko et al. (2003)
	Mice		Sternoschisis Supraoccipital Metatarsal Metacarpal	Altered ossification	1 mg/kg	Tsakamoto et al. (2004)
	Rats		ALP, osteocalcin →OBs	↓ Calcium deposition and bone formation	10 <sup>-8</sup> –10 <sup>-7</sup> M	
	Humans/mice		MSCs	↑ Adipogenesis	50 nM	Kirchner et al. (2010)
	Mice		MSCs	↑ Adipogenesis ↓ Osteoblastogenesis	0.1 mg/kg	
			Zfp243, PPARγ, Cebpa, Fabp4, Fsp27, Lpl →MSCs	↑ Adipogenesis	5 and 50 nM	Shoucri et al. (2017)
			Bone marrow cells	↑ Adipogenesis ↓ Osteoblastogenesis	50 and 100 nM	Watt and Schlezinger (2015)
			ALP, Runx2 →MSCs	↑ Adipogenesis ↓ Osteoblastogenesis	5.42, 54.2, 542 nM	Chamorro-García et al. (2013)
Dioxin and dioxin-like compounds	Rats	No	OBs	Inhibited maturation	10 <sup>-8</sup> M	Gierthy et al. (1994)
			ALP, collagen →BM stromal cells	Inhibited maturation	10 <sup>-12</sup> –10 <sup>-9</sup> M	Singh et al. (2000)
	Mice/rats		Osteocalcin, Runx2 →BM stromal cells	Inhibited maturation	100 fM and 10 pM	Korkalainen et al. (2009)
	Rats		Tibia Tibia Femur	Anatomical alterations ↓ Cross sectional area and periosteal-endosteal circumference	5 and 10 nM 1 μg/kg	Ryan et al. (2007) Miettinen et al. (2005)

(Continues)



**TABLE 1** (Continued)

Endocrine substances	Species	Sex specific	Tissue–cell target	Pathological outcome	Dose–treatments	References
			Tibia	↓ Bending force and bone stiffness	1 µg/kg	Finnila et al. (2010)
	Mice		Skeleton	Delayed ossification	1 mg/kg	Naruse et al. (2002; 2004)
	Rats		Vertebrae	Altered mineral composition ↑ Bone resorption	384 µg/kg	Alvarez-Lloret et al. (2009)

ALP, alkaline phosphatase; Bax, bcl-2-like protein 4; Bcl2, B-cell lymphoma 2; Bid, BH3-interacting domain death agonist; BMD, bone mineral density; BPA, bisphenol A; Cebpa, CCAAT–enhancer-binding protein  $\alpha$ ; EDC, endocrine-disrupting chemical; ER, estrogen receptor; Fabp4, fatty acid-binding protein 4; Fsp27, fat-specific protein 27; HSC, hematopoietic stem cell; Lpl, lipoprotein lipase; MSC, mesenchymal stem cell; OBs, osteoblasts; OCs, osteoclasts; PPAR $\gamma$ , peroxisome proliferation-activated receptor  $\gamma$ ; Runx2, Runt-related transcription factor 2; TGF- $\beta$ 2, transforming growth factor  $\beta$ 2; Zfp423, zinc finger protein 423.

the bone marrow confines contain long-term self-renewal and multipotent lineages. In response to environmental signals, a percentage of the long-term HSCs undergoes differentiation and initiates maturation of more specific effector cells (Luc, Buza-Vidas & Jacobsen, 2008). Notably, mice developmentally exposed to TCDD, the most potent agonist of the AhR, displayed persistent immune defects (Mustafa et al., 2008), and fetal immature hematopoietic stem and progenitor cells showed decreased ability to complete normal hematopoietic differentiation (Stein & Baldwin, 2013). It is worth pointing out that the bone marrow regulatory activities, comprising HSC and MSC incubation and maturation, have to deal with the interdependence of the defined bone marrow niche elements (Agas et al., 2015; Agas, Marchetti, Hurley & Sabbieti, 2013; Sabbieti et al., 2017). Disruption of the functionality of even one of these elements, such as the activation of AhR signaling by dioxin compounds, can lead to severe local or systemic pathological conditions, such as enfeebled hematopoiesis. Recently, *in vitro* findings have supported the above result, revealing that PCB- and TCDD-treated rat MSCs displayed reduced CXCR4–CXCL12 expression (J. T. Smith, Schneider, Katchko, Yun & Hsu, 2017). Considering the main role of these two chemokines in bone marrow homeostatic features such as HSC retention and chemotaxis, osteoblastogenesis and osteoclastogenesis, it may be assumed that dioxin compounds induce considerable modifications at the bone marrow level. Dioxin and dioxin-like compounds epigenetic targets as well as bone marrow dioxin-induced modifications are shown in Figure 6.

In terms of human health, the NHANES database has specified that PCBs are strongly associated with type 2 diabetes, whereas PCDDs and PCDFs are weakly linked to minor metabolic disorders (Lee, Lee, Steffes & Jacobs, 2007). Currently, extensive investigation is underway on the action of dioxin and its bone and bone marrow targets in humans.

## 4 | CONCLUSION

Considerable evidence shows that maternal and early childhood exposure to environmental contaminants leads to modifications in hormone production, bone homeostasis and bone marrow microhabitats. The endocrine-disrupting compounds exert their action by the

modulating a plethora of cellular receptors, such as aryl hydrocarbon, NR and ERs, and consequently affect the intracellular signaling cascades and transcriptional activity. For instance, AhR–EDC interactions can regulate key player genes involved in morphogenesis, survival and patterning of the bone tissue in the development and maintenance stages. Moreover, the demonstration that EDCs can interfere with the bone marrow reservoir and swift the fate of the stem–progenitor cell population has opened up new avenues for understanding the biochemical and molecular platforms used by EDCs (the overall EDCs targets are reported in Table 1). Therefore, in the last decade, substantial efforts have been made by the scientific community to deepen and understand the complex mechanisms of the xenoestrogen mode of action and different transgenic or knockout animal models have been used for this scope. On the other hand, there are still few studies on the adverse effects of EDCs on the human endocrine system and bone homeostasis. Providing more information and relations between EDCs-exposed animals and humans remains a compelling task to address further researches.

## CONFLICTS OF INTEREST

The authors declare that there are no conflicts of interest.

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