New sensible method to quantize the intestinal absorption of receptor ligands

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Abstract

In recent years, special attention has been paid to the A₃ adenosine receptor (A₃AR) as a possible pharmacological target to treat intestinal inflammation. In this work, it was set up a novel method to quantify the concentration of a promising anti-inflammatory agent inside and outside of intestinal barrier using the everted gut sac technique. The compound chosen for the present study is one of the most potent and selective A₃AR agonist reported so far, named AR 170 (N⁶-methyl-2phenylethynyl-5'-N-methylcarboxamidoadenosine). In order to evaluate the intestinal absorption of AR 170 the radioligand binding assay in comparison with HPLC-DAD was used. Results showed that the compound is absorbed via passive diffusion by paracellular pathway. The concentrations determined in the serosal (inside the sac) fluid by radioligand binding assay are in good agreement with those obtained through the widely used HPLC/MS protocol, demonstrating the reliability of the method. It is worthwhile to note that the radioligand binding assay allows detecting very low concentrations of analyte, thus offering an excellent tool to measure the intestinal absorption of receptor ligands. Moreover, the AR 170 quantity outside the gut sac and the interaction with A₃AR could presuppose good topical anti-inflammatory effects of this compound.

KEYWORDS: everted sac; adenosine receptors; intestinal inflammation; intestinal absorption; paracellular pathway; binding study.

Millions of people worldwide suffer from a chronic inflammation of the gastrointestinal tract called inflammatory bowel disease (IBD). IBD is characterized by a chronic mucosal inflammation that causes colonic tissue damage and inflammation of the small bowel and/or the colon leads to persistent diarrhea and abdominal pain. This pathology is due to a hyper-activation of effector immune cells, which produce high levels of pro-inflammatory cytokines such as tumor necrosis factor alpha (TNF- α), interleukin 1 beta (IL-1 β), and interferon gamma (IFN- γ).¹ In the immunological situation, nuclear factor-kappa B (NF- κ B) was known as one of the crucial regulators.^{2,3} In fact, its activation stimulate the pro-inflammatory genes expression influencing the progression of mucosal inflammation. An anti-inflammatory strategy in IBD was based on inhibition of NF- κ B activation.

In rodent models, to induce intestinal inflammation, dextran sulfate sodium (DSS) is usually used.^{4,5} The treatment with DSS produces weight loss, bloody diarrhea, epithelial cell damage, and immune cell infiltration, as well as an increased production of TNF- α , IL-1 β , NF- κ B etc.^{6,7}

Purine nucleosides and nucleotides like adenosine (Ado) and Ado-5^{\cdot}-triphosphate (ATP) are involved in a relevant number of physiological functions^{8,9} through the activation of specific membrane receptors called P1 (A₁, A_{2A}, A_{2B}, and A₃) and P2 (P2X1-7 and P2Y_{1,2,4,6,11-14}), respectively.¹⁰⁻¹⁴ It is widely documented that Ado and ATP released from enteric purinergic nerves or from smooth muscle cells¹⁵ regulate intestinal functions. In addition, it has been demonstrated that Ado also regulates carrier-mediated glucose transport.¹⁶

Adenosine A₃ receptor (A₃AR), which belongs to the G_i/G_q -coupled receptor family have been considered as a possible pharmacological target for intestinal inflammation treatment.¹⁷⁻²⁰ Stimulation of A₃AR inhibits adenylate cyclase activity, activates phospholipase C, and triggers calcium mobilization, leading to modulation of signaling pathways such as Wnt, PI3K/AKT, and NF- κ B. IB-MECA (*N*⁶-(3-iodobenzyl)adenosine-5'-*N*-methylcarboxamide; K_i 1.2 nM for A₃AR, 3and 2,100-fold selectivity versus A₁, and A_{2A} ARs, respectively),²¹ an A₃AR agonist, induces a significant improvement in the pathological state both in DSS-induced colitis and in spontaneous colitis in IL-10 knockout mice.²²

Considering the role of adenine nucleosides and nucleotides in the pathophysiology of gastrointestinal tract it is hence crucial the development of compounds able to modulate the purinergic signalling.²³⁻²⁶

For these reasons, the present study was centered on setting up a new method to quantize the concentration of a promising anti-inflammatory agent inside and outside the intestinal barrier using the everted gut sac technique.²⁷ The used compound named AR 170 (N⁶-methyl-2-phenylethynyl-

5'-N-methylcarboxamidoadenosine; Fig. 1) results one of the most potent and selective A_3AR agonist reported so far (AR 170; K_i 0.44 nM for A_3AR , 74, 131 and 93,325-fold selectivity *versus* A_1 , and A_{2A} ARs, respectively).^{28,29} The analysis of compound concentration in the serosal and mucosal fluids are usually performed by HPLC analysis, but the HPLC technique setting is far from easy since the fluid obtained from the everted sac is rich in mineral salts and amino acids, causing a signal noise increase. Moreover, HPLC-DAD requires relatively high quantity of samples and the detector sensibility often varies according to the class of compound that is being quantified; thus, detecting molecules from different classes can be difficult.³⁰

On the other hand, it is problematic to use HPLC/MS analysis in a saline solution even if with this method it is possible to reach picogram concentrations.

To determine the compound concentrations in serosal and mucosal fluid, given the ability of AR 170 to bind selectively the A_3AR , it was used a radioligand binding assay as analytical technique. The advantages of using this technique are the possibility to quantify a small amount of compound, such as a concentration of 300 nM utilized in the experiment, the easy procedure, and the fact that the biological medium does not interfere with the experiments.

Hence, the aim of the present study was the development of a new method based on the radioligand binding assay that could be utilized to study the intestinal absorption of receptor ligands and to quantify the AR 170 outside the gut sac in order to predict topical anti-inflammatory effects.



Figure 1. Structure of the A₃AR agonist AR 170.

2. Materials and Methods

2.1. Animals

Studies were carried out on adult male Wistar rats, according to the European Communities Council

Directive of 24 November 1986 (86/609/EEC).

Twenty adult male Wistar rats (250–300 g; 11–12 weeks) were purchased from Charles River Laboratories Srl (Lecco, Italy).²⁷

2.2. Test materials

TC199 medium (with Hank's salts and L-glutamine, without NaHCO₃) was purchased from Sigma-Aldrich (Milan, Italy) and radiolabelled 2-hexyn-1-yl-*N*⁶-methyladenosine ([³H]HEMADO) was a concession by Prof. Klotz K.N. (Institute of Pharmacology and Toxicology, University of Wuerzburg, Germany). All other chemical used were of reagent grade.

The authors synthesized N⁶-Methyl-2-phenylethynyl-5'-N-methylcarboxamidoadenosine (AR 170).²⁸ Characterization data of this compound: Mp > 250 °C; ¹H NMR (DMSO-d₆) δ 2.76 (d, 3H, *J* = 4.8 Hz, *CH*₃-NHCO), 2.97 (m, 3H, *CH*₃-NH), 4.14 (m, 1H, H-3'), 4.32 (s, 1H, H-4'), 4.59 (m, 1H, H-2'), 5.59 (d, 1H, *J* = 5.6 Hz, OH), 5.78 (d, 1H, *J* = 3.6 Hz, OH), 5.96 (d, 1H, *J* = 7.2 Hz, H-1'), 7.46 (m, 3H, H-Ph), 7.61 (d, 2H, *J* = 6.0 Hz, H-Ph), 8.09 (m, 1H, *NH*-CH₃), 8.47 (s, 1H, H-8), 8.63 (m, 1H, NH-CO). ESI-MS: negative mode *m*/*z* 407.4 ([M-H]⁻), 443.4 ([M+C1]⁻), 497.5 ([M+Br]⁻); positive mode *m*/*z* 409.4 ([M+H]⁺), 431.4 ([M+Na]⁺). Anal. calcd for C₂₀H₂₀N₆O₄: C, 58.82; H, 4.94; N, 20.58; found: C, 59.21; H, 5.33; N, 20.23.

2.3. Cell culture and membrane preparation

CHO cell line stable transfected with hA₃ARs (kindly given by Prof. Klotz K.N., Institute of Pharmacology and Toxicology, University of Wuerzburg, Germany) was grown in DMEM/F-12 supplemented with 10% FBS, 100 U/ml penicillin and 100 μ g/ml streptomycin, 2.5 μ g/ml amphotericin B, 0.1 mg/ml geneticin and 1 mM sodium pyruvate. Cells were cultured in a humidified atmosphere at 37 °C in 5% CO₂/95% air as described earlier.³¹ Crude membranes for radioligand binding experiments were prepared by collecting cells (CHO stably expressing hA₃ARs) in ice-cold hypotonic buffer (5 mM Tris/HCl, 2 mM EDTA, pH 7.4). The cell suspension was homogenized on ice (Ultra-Turrax, 2 x 20 sec at full speed) and the homogenate was spun for 10 min (4 °C) at 3200 rpm. The supernatant was then centrifuged for 45 min at 37000 rpm at 4 °C. The membrane pellet was resuspended in the specific binding buffer, frozen in liquid nitrogen at a protein concentration of 2–4 mg/ml and stored at -80 °C.

2.4. Everted gut sac studies

Studies were carried out on adult male Wistar rats (250–300 g; 11–12 weeks). Before being sacrificed by cervical dislocation, animals were fasted for 12-16 h. The small intestine was removed

washed with TC199 medium and the duodenum segment (1 cm from the pylorus) was isolated and everted on a glass rod. It was divided into segments and each of them was bonded with a silk braided suture. They were filled with fresh medium and were tied off with a second moistened thread to create a shut section (sac). Each sac was placed in a 50 ml beaker containing 9.0 ml of oxygenated (O_2/CO_2 , 95%:5%) TC199 medium at 37 °C. 1 ml of medium, containing AR 170, was added to obtain the final concentration of 300 nM, 1, 3 and 10 μ M. After the 60 min of incubation the serosal (inside the sac) and mucosal (outside the sac) fluids were taken.²⁷ In order to detect the concentrations of compound in the serosal and mucosal fluids a 6-point analytical curve was constructed using the radioactive binding technique, for each point 6 replicates were conducted.

2.5. Radioligand binding assay

The samples from serosal and mucosal fluid withdrawn from everted gut sac studies were incubated for 3 h with membranes of A₃AR transfected cells in the presence of the radioactive [³H]HEMADO, a high affinity A₃AR agonist. In order to calculate the compound concentrations inside and outside the sacs the calibration curve was constructed. The mixture was incubated in a 96-well plate, and after the incubation time, it was filtered utilizing a 96-well microplate filtration system to separate the free fractions from the bound fractions. The filters were washed three times with 200 μ l of icecold binding buffer (50 mM Tris/HCl, 10 mM MgCl₂, 1 mM EDTA, pH 8.25) and subsequently dried. After the addition of 20 μ l of scintillation cocktail, the bound radioactivity was determined using a Perkin Elmer Microbeta² scintillation counter. Non-specific binding of [³H]HEMADO was determined in the presence of 100 mM of N⁶phenylisopropyladenosine (R-PIA).³¹ All binding data were calculated by non-linear curve fitting with Prism 5.0 programme (GraphPad Software, San Diego, CA, USA).

2.6. Apparent permeability coefficients

Permeability coefficients $(P_{app})^{32}$ were calculated according to the following Eq.:

$$P_{app} = \frac{dQ}{dt} \times \frac{1}{AC_t}$$

 P_{app} (cm/s) is the apparent permeability coefficient; dQ/dt (nM/s) is the analyte quantity, per unit time, transported across the membrane. A (3.93 ± 0.038 cm²) is the surface area of everted gut sac intestinal mucosa available for permeation and C_t (µg /ml) is the initial analyte concentration outside the sacs. P_{app} values were expressed in 10⁻⁶ cm/s unit.

2.7. Percentage of drug absorption (A%) and drug retention (Ad%)

At the end of each experiment, the concentration of analyte absorbed was calculated according to the following Eq.:

$$A\% = \frac{C_s}{C_i} \ge 100$$

 C_s and C_i (nM) represent the analytes concentrations inside the sacs (serosal) and the initial concentration of the drug outside the everted gut sacs, respectively. The percentage of drug retained was calculate using the Eq.:

$$Ad\% = 100 - \frac{(C_s + C_m)}{C_i} \times 100$$

 C_s and C_m (nM) represent the analytes concentrations quantified inside (serosal) and outside (mucosal) the sacs, respectively; C_i (nM) is the initial concentration of the drug outside the everted gut sacs.²⁷

2.8. HPLC-DAD analysis

The experiments were carried out with an Agilent 1100 Series (Agilent Technologies, Palo Alto, CA, USA). The system consisted of a G1312A binary pump, a mobile phase vacuum degassing unit, a G1329A auto sampler, a temperature controlled column compartment, G1315C Diode Array Detector and an Agilent G2445DSL LC/MSD Trap SL (Ion Trap Mass Spectrometer) equipped with an electrospray source; data were acquired and integrated by the ChemStation (LC System Rev. B01.03[204], Agilent Technologies, Milan, Italy). The stationary phase was composed of Spherisorb ODS-2 material (Merck, Milan, Italy) packed in a stainless steel column (250 mm×4.6 mm with 5-µm particle size). Chromatographic separations were achieved using a mobile phase consisting of water with 0.1% of formic acid and methanol with 0.1% of formic acid (30:70, v/v), working in the isocratic mode at a flow rate of 0.8 ml/min. The column temperature was set at 35 °C and the injection volume was 5-µl. HPLC-DAD analysis, which was used for the quantification, was performed monitoring wavelengths at 310 nm.

The standard curves of AR 170 was constructed. A 5-point calibration curve was constructed by analysing various amounts (100, 300, 1,000, 3,000, and 10,000 nM) of AR 170 diluted in medium solution. The curve showed an expected linearity in the whole range of the tested concentrations, with a regression coefficient (R^2) of 0.9984. The limits of detection (LOD) and quantification (LOQ), under the present chromatographic conditions, were determined at a signal-to-noise ratio

(S/N) of about 3 and 10; they were 0.011 and 0.036 mM, respectively. The precision of the method was demonstrated as the intra- and inter-assay RSD% values were in all cases below 2.6%. Appropriate dilutions were carried out to obtain concentrations in the range of the calibration conditions. The system showed no interference from other components in the samples according to guidance (FDA 2013, USA: FDA DRAFT Guidance for Industry: bioanalytical method validation).

2.9. Statistical analysis

Statistical analysis was performed using Student's t-test, or ANOVA. The results were represented as mean of 4-5 replicates of different animals \pm standard error (\pm SE) for all experiments. The apparent permeability average values (P_{app}) were compared for each sample using one-way analysis of variance (ANOVA) test. Student's t-test was used to compare differences between drug diffusion data sets. A p-value <0.05 was considered to indicate a significant difference.

3. Results and discussion

The determination of the promising anti-inflammatory AR 170 was conducted inside and outside of duodenum since it is the intestinal portion where the digestion of nutrients is completed and most of the monosaccharides and amino acids pass into the blood. Moreover, upper gastrointestinal inflammatory processes are extremely common and have a wide spectrum of causes and manifestations.

In order to evaluate the exact concentration of AR 170 by planned binding assay, an AR 170 analytical curve on hA₃AR stably transfected cell membranes was constructed using concentrations ranging from 0.3 to 100 nM (Fig. 2). These concentrations were chosen based on the high affinity of this compound *versus* the A₃AR (K_i 0.44 nM).



Figure 2. Calibration line of AR 170 obtained through radioligand binding assay on A₃AR.

The 6-point calibration line was constructed by analysing various amounts (0.3, 1, 3, 10, 30, and 100 nM) of AR 170 diluted in medium solution. The curve showed an expected linearity in the whole range of the tested concentrations, with a regression coefficient (R^2) of 0.9989. The calibration line was constructed using binding competition experiments, based on the displacement of [3H]HEMADO by AR 170. [3H]HEMADO is an agonist with high affinity and selectivity for A₃AR, even if less than AR 170. It is a useful tool for specific screening of A₃AR receptor agonists and antagonists in radioligand binding assay. Both the compound concentrations in mucosal (outside the sac) and serosal (inside the sac) fluids were studied by using radioligand binding assay method, too. Glucose was used to verify the integrity and viability of the gut sacs. Glucose was incubated at 20 mM for 60 minutes. The glucose concentration was measured by a glucometer in both solutions inside and outside the sac. At the same time, intestine duodenal sacs were exposed at a range of AR 170 concentrations (Tab. 1) with respect to glucose treated tissues. AR 170 and glucose samples were collected from both the serosal and the mucosal side of the rat gut sacs at a fixed time. The concentrations of the AR 170 present in serosal and mucosal fluids were not found within the range of concentrations reported in the calibration line. Therefore, appropriate dilutions were carried out to obtain concentrations in the range of the calibration conditions. These fluids were incubated in a 96-well plate that, after filtration, was read by a radiometric detection system. Results obtained are expressed as number of photons detected per time unit and indicated as counts per minute (cpm). The AR 170 concentrations (expressed in nM) inside and outside the sacs after 60 min of incubation are summarized in the Table I.

Table I. Results obtained from the absorption studies of AR 170 through binding assay.

Concentration nM	AR 170
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	Serosal fluid (nM)	Mucosal fluid (nM)
300	36 ± 8	133 ± 23
1,000	119 ± 25	224 ± 43
3,000	373 ± 15	857 ± 194
10,000	$1,180 \pm 290$	$2,088 \pm 498$

The data represent the means \pm SE (n= 3-4 experiments). Compound concentration values are statistically different (p < 0.05).

The results showed different compound concentrations in the serosal and mucosal fluids; the serosal fluid concentrations are, in all cases, proportional to the amount of compound applied to the medium. This is evident considering the percentages of AR 170 absorbed (A%) and retained (Ad%) on intestinal tissue (Tab. II).

Table II. Percentages of drug retention (*Ad%*) and absorption (*A%*), across the everted gut sac, and apparent permeability coefficient P_{app} (cm/s).

	AR 170		
Concentration nM			
	Percentage of drug retention (Ad%)	Percentage of drug absorption (<i>A%</i>)	$P_{app}(x10^{-6} \text{ cm/s})$
300	44 ± 13	12 ± 1.9	8.5 ± 0.7
1,000	65 ± 16	11.9 ± 2	8.4 ± 0.6
3,000	59 ± 12	12.4 ± 2.4	8.5 ± 0.9
10,000	67 ± 14	11.8 ± 2.6	8.4 ± 0.8

The data represent the means \pm SE (n= 4-5 experiments). Compound percentage values are statistically different (p < 0.05).

The linear increase in the amount of AR 170 present inside the sac indicates that its transport across the intestinal membrane is probably mediated by passive diffusion with a A% about 12 % for all concentrations utilized.

It is interesting to note that the percentage of AR 170 absorbed is the same even using high concentrations of compound; this confirms that the transport across the intestinal barrier is certainly due to passive diffusion and it is not saturable.

The most common absorption mechanism across the intestine is passive diffusion and it is divided into two distinct pathways: paracellular and transcellular pathways. The first one is characteristic of hydrophilic drugs that diffuse through the aqueous pores at the tight junctions between the intestinal enterocytes.³³ Molecules that are absorbed through this pathway are usually small and hydrophilic (molecular weight (MW) < 250 Da and logP < 0, respectively). The absorption by paracellular

pathway is minor since the tight junctions account about 0.01% of the total surface area of intestinal membrane.³⁴

On the other hand, the transcellular pathway is characteristic of quite large and lipophilic drugs (MW > 300 Da and logP > 0, respectively) that pass across the lipid cell membrane of the intestinal enterocytes by tree different ways: transcellular diffusion, carrier mediated transportation, and transcytosis.³⁴ In order to calculate the LogP of AR 170 and to predict ADMET properties, it was used a freely accessible web server (http://structure.bioc.cam.ac.uk/pkcsm).³⁵ Results showed that the AR 170 value of logP is -0.367 with a MW = 408.418. This suggests that AR 170 may not have affinity for membrane-bound transporters and therefore may be excluded the involvement of the transcellular pathway, confirming that it is absorbed through paracellular pathway. The majority of drugs are transported across the transcellular pathway, and the few, which typically rely on the paracellular transport pathway, have usually much lower bioavailability. Another parameter that is important to pay attention is the percentage of drug retention (*Ad%*).

The amount of retained analyte, by the everted gut sac tissues, ranged from 44 to 67 %. This percentage is apparently quite high, also according to Gurunath and coworkers who suggest that percentages of drug retention on the intestinal barrier should be less than 10%.³⁶

Moreover, permeability coefficient (P_{app}) value is a direct and highly sensitive measurement of the ability to cross the intestinal barrier.³⁷ Experimental P_{app} values are used as markers to distinguish the test compound as highly or poorly permeable. Generally, compounds that have a P_{app} greater than approximately 10×10^{-6} cm/s are classified as well-absorbed compounds.³⁸ Data obtained from apparent permeability studies further confirmed the absorption of AR 170, underlined by the low permeability coefficient (P_{app}) value (8.5×10^{-6} cm/s, Tab. 2).

A possible explanation of the low amount of AR 170 inside the intestinal sac is that a fraction of it was not recovered probably because it was metabolized, as revealed by the presence of many peaks close to AR 170 area by HPLC-DAD (data not shown).

In fact, many sites in the body are involved in drug metabolism including the gastrointestinal mucosa³⁹⁻⁴¹. The phenylethynyl chain in 2 position of AR 170 could be oxidated by cytochrome P450 enzyme (phase I metabolism) to give the corresponding phenol derivative, which could be rapidly eliminated after glucuronide conjugation (phase II metabolism). The supposed metabolic reactions are reported in Figure 3.

This hypothesis could explain the high amount of compound retained. Another explanation of this phenomenon could be related to the interaction of AR 170 with the ARs present in the crypts around the villi.⁴²⁻⁴⁴ This hypothesis could be in favor of the AR 170 topical anti-inflammatory effects.



Figure 3. Metabolism reactions catalyzed by cytochrome P450 (1) and uridine diphosphate (UDP)– glucuronosyltransferases (2)

In order to validate this method, the concentrations of AR 170 in the serosal fluids were also investigated by HPLC-DAD analysis and the results compared to the ones obtained by radioligand binding assay. Due to the low concentrations utilized, it was possible to analyse only the most concentrated samples (3 μ M and 10 μ M). The presence of the AR 170 in the mucosal and serosal fluids was studied in comparison with standard solutions. In Figure 4 it is reported an example of the AR 170 chromatogram. The perfect overlapping of its peak with that of the standard solution containing only pure compound confirms the specificity of the method.



Figure 4. Chromatogram of the AR 170 salt standard at 310 nm.

Results, showed in Table 3, underline a good correlation with data obtained though radioligand binding assay, confirming the validity of the novel approach to study the intestinal absorption.

Table 3. Results obtained from the absorption studies of A_3AR agonist AR 170 through HPLC-DAD analysis in comparison with radioligand binding assays.

	AR 170 (nM)		
Concentration nM	Serosal fluid analysed by HPLC-	Serosal fluid analysed by radioligand	
	DAD analysis	binding assay	
300	-	36 ± 8	
1,000	-	119 ± 25	
3,000	550 ± 115	373 ± 15	
10,000	$2,000 \pm 437$	$1,180 \pm 290$	

The data represent the means \pm SE (n= 3-4 experiments)

4. Conclusion

In this work, we developed a novel analytical method by combining a radioligand binding assay with the everted gut sac technique, to evaluate the intestinal absorption of a potent and selective A_3AR agonist. Results showed that the compound is absorbed in small quantity by paracellular pathway in duodenum tract and the estimated concentrations in the serosal fluid by radioligand binding assays are in good agreement with those obtained through the widely used HPLC-DAD protocol, demonstrating the reliability of the method. Moreover, the AR 170 quantity outside the gut sac and the interaction with A_3AR could presuppose good topical anti-inflammatory effects of this compound.

Radioligand binding assay allows a higher sensibility respect to HPLC-DAD method, offering an excellent tool to measure the intestinal absorption of receptor ligands. The new developed technique avoids also the long set up of the HPLC parameters when it is necessary to quantify molecules that are difficult to separate by chromatography.

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