

Eating Disorders Research Society

PROGRAM AT-A-GLANCE



*22nd Annual
Eating Disorders
Research Society Meeting*

**NEW YORK CITY
OCTOBER 27-29, 2016**

GENERAL INFORMATION

DATES

The XXII Annual Meeting of the Eating Disorders Research Society begins Thursday, October 27 and adjourns Saturday, October 29, 2017.

CONFERENCE VENUE

The Westin New York at Times Square

270 W 43rd St. New York, NY 10036

Tel: 212-201-4653

E-mail: info@westinny.com

OVERVIEW

The Eating Disorders Research Society is an international organization of researchers in the field of eating disorders interested in anorexia nervosa, bulimia nervosa, binge-eating disorder and obesity. The purpose of the organization is to hold an annual scientific meeting during which the most recent research in the field can be presented and discussed.

REGISTRATION

Name badges and additional program information are available at the Registration Desk located on the 5th floor of the Westin and will be open during the following hours:

Thursday	8:00 AM - 6:00 PM
Friday	7:30 AM - 7:00 PM
Saturday	8:00 AM - 12:30 PM

SPEAKER READY AREA

The speaker ready area will be available to all oral presenters to both preview and edit presentations if necessary. The speaker ready area is located in the registration area on the 5th floor of the Westin.

NO PHOTOGRAPHY POLICY

The Organizing Committee has decided that photography is not allowed except for official conference photographers.

MOBILE (CELLULAR) TELEPHONES

As a courtesy to others, please switch off mobile telephones during all sessions.

LOST AND FOUND

All lost and found articles will be held at the conference registration desk, located in the Crystal Ballroom Foyer.

INSTRUCTIONS TO ORAL PRESENTERS

All speakers are required to bring their presentation on a USB drive to the registration desk **24 hours before the start of your session to ensure compatibility with the computers being used at the conference.** DO NOT BRING YOUR LAPTOP to the session room. A/V staff will not transfer your presentation or connect your laptop. Speakers should arrive at least 15 minutes prior to their session to introduce themselves to the session chair.

GENERAL INFORMATION

INSTRUCTIONS TO POSTER PRESENTERS

All poster presenters are expected to present their work during their assigned poster session. **Poster authors should mount their posters beginning at 1:00 PM on the day of their presentation and should remove their posters immediately following their Poster Session.** Any posters not removed at the conclusion of each poster session may be discarded.

WIFI ACCESS

Network Name: Westin Meeting Rooms

Passcode: edrs2016

PORTABLE BATTERIES

Is your cell phone running low on charge? Stop by the registration desk to check-out a portable charger for your device (valid ID required).

EDUCATIONAL GRANT

The Eating Disorders Research Society gratefully acknowledges Shire for providing an unrestricted educational grant to support EDRS 2016.

ONLINE/MOBILE CONFERENCE PROGRAM

EDRS attendees may access the full online conference program in multiple formats:

Web-Based App

<http://mobile.edresearchsociety.org>

iOS/Android App

Step 1: Download the **MA eEvent App** from the Apple iOS/Android Google Play store.

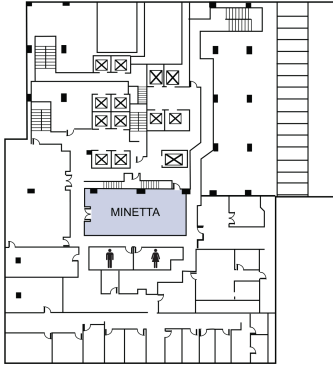
Step 2: **Scan the QR code below** using the "Scan Event QR Code" feature or enter "edrs2016" as the username and password.



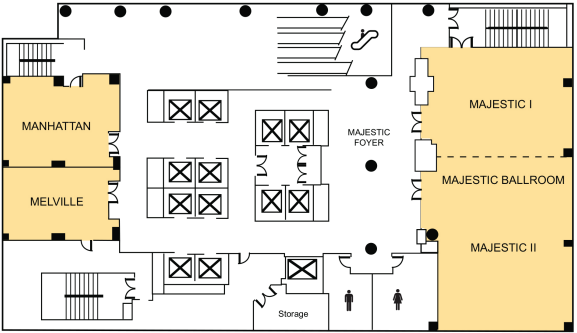
HOTEL MAP

FLOOR

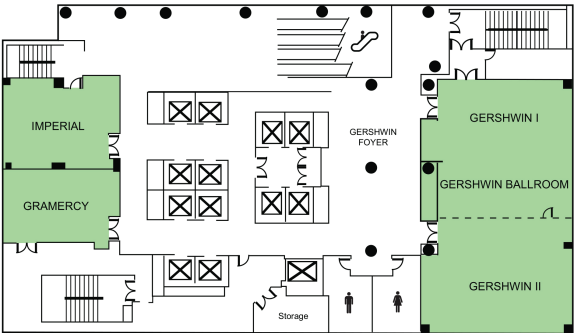
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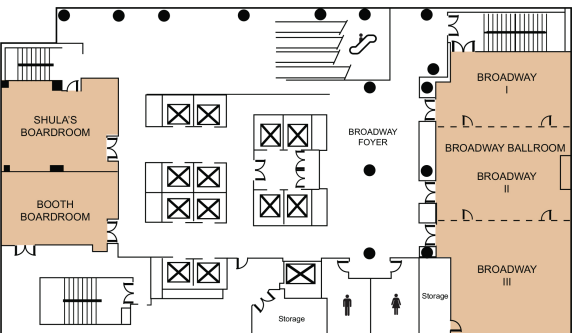
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WEDNESDAY/THURSDAY PROGRAM

WEDNESDAY PROGRAM

1:00 - 5:00 pm **OpED WORKSHOP - ADVANCING YOUR THOUGHT LEADERSHIP**
Melville

1:00 - 6:00 pm **COLUMBIA UNIVERSITY APPETITIVE BEHAVIOR SYMPOSIUM**
Columbia Faculty House

THURSDAY PROGRAM

9:00 - 11:00 am **OpED WORKSHOP - ADVANCING YOUR THOUGHT LEADERSHIP**
Melville

9:00 - 12:00 pm **USING INSIGHTS INTO THE NEUROBIOLOGY OF BEHAVIOR TO DEVELOP MORE EFFECTIVE TREATMENTS FOR EATING DISORDERS: A TRANSLATIONAL RESEARCH SATELLITE**
Ambassador II (2nd Floor)

9:00 - 11:00 am **HOW TO BE AN EFFECTIVE PEER-REVIEWER**
Manhattan

1:00 - 1:15 pm **WELCOME - K. Pike**
Majestic

1:15 - 2:45 pm **SYMPOSIUM: THE GLOBAL BURDEN OF EATING DISORDERS: HOW DO WE MEASURE IT AND WHAT DOES IT MEAN FOR POLICY AND PRACTICE?**
Majestic

1:15 Introduction. *S. Bryn Austin*

1:25 The Global Burden of Mental and Substance Use Disorders in the Global Burden of Disease Study 2015: Background, Key Findings, and Implications. *H. Whiteford*

1:50 The Global Epidemiology and Burden of Anorexia Nervosa and Bulimia Nervosa: Findings from the Global Burden of Disease Study 2015. *H. Erskine*

2:20 Facilitated Discussion. *S. Bryn Austin, H. Whiteford, H. Erskine, H. Hoek and R. Bryant-Waugh*

2:45 - 3:15 pm **JIM MITCHELL KEYNOTE ADDRESS: END THE DENIAL: PARITY AND EATING DISORDERS.** *Patrick Kennedy*
Majestic

3:15 - 3:45 pm **COFFEE BREAK**
Majestic Foyer



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THURSDAY/FRIDAY PROGRAM

THURSDAY PROGRAM

3:45 - 4:45 pm TOP ABSTRACTS & AWARDS I
Majestic

- 3:45 everyBody fit – Tailored Online Health Promotion and Eating Disorder Prevention for Overweight and Obese Women: Results from a Pilot Feasibility Study. *I. Beintner*
EDRS Early Career Investigator Award Winner
- 4:00 The Efficacy of an Intervention to Facilitate Rapid Response to Intensive Treatment: A Randomized Controlled Trial. *D. MacDonald*
EDRS Best Student Abstract Award Winner
- 4:15 Reduced Prefrontal Activation During the Inhibition of Eating in Bulimia Nervosa: Potential Neural Mechanism Underlying the Sense of Loss of Control. *L. Berner*
International GFED/EDRS Award Winner
- 4:30 Determining Low Weight Parameters that are Most Relevant for Predicting Low Bone Mineral Density in Female Adolescents with Anorexia Nervosa. *K. Davis Becker*
International GFED/EDRS Award Winner

5:00 - 6:30 pm POSTER SESSION I & RECEPTION
Gershwin
(4th Floor)

FRIDAY PROGRAM

8:30 - 9:00 am EDRS BUSINESS MEETING
Majestic *All are welcome to attend.*

9:00 - 11:00 am SYMPOSIUM: IMPLEMENTATION OF EVIDENCE-BASED PSYCHOTHERAPY FOR EATING DISORDERS LESSONS FROM SCIENCE AND PRACTICE
Majestic

- 9:00 Introduction. *R. Striegel Weissman*
- 9:05 Extending Our Reach: Bridging the Science to Service Gap through Implementation Science. *K. Blasé*
- 9:35 Facilitating the Dissemination and Implementation of Evidence-Based Psychological Treatments for Eating Disorders within College Counseling Centers. *D. Wilfley*
- 9:55 Scaling Up Clinician Training: Web Centred Training in CBT-E. *Z. Cooper*
- 10:15 Implementation of the Transdiagnostic Unified Protocol across a Residential/Intensive Outpatient Eating Disorder Treatment Network. *H. Thompson-Brenner*
- 10:35 From Patient to Carer to Clinician: Applying Research Across the Spectrum of Recovery. *D. Friedman*
- 10:50 Facilitated Discussion. *R. Striegel Weissman*

FRIDAY PROGRAM

11:00 - 11:30 am **COFFEE BREAK**
Majestic Foyer

11:30 - 1:15 pm **SYMPOSIUM: WHY DO WE EAT WHAT WE EAT?: FROM THE SCIENCE OF FLAVOR AND TASTE TO THE BEHAVIORAL ECONOMICS OF INCENTIVES TO THE RISK OF EATING DISORDERS**
Majestic

- 11:30 Introduction. *A. Kaplan*
- 11:40 The Dorito Effect: Are Fake Flavor Causing Nutritional Illusions? *M. Schatzker*
- 12:00 Flavor and the Gut-Brain Access. *D. Small*
- 12:15 Strategic Science for Evidence-Based Food Policies. *C. Roberto*
- 12:30 Implications for Eating Disorders Interventions. *A. Hilbert*
- 12:45 Facilitated Discussion.

1:15 - 2:30 pm **LUNCH ON YOUR OWN**

2:30 - 3:45 pm **PARALLEL PAPERS I: PAPERS, POLICY AND INTERVENTION RESEARCH**
Majestic

- 2:30 A Randomized Comparison of Methylphenidate and CBT for the Treatment of Obese Patients with Binge Eating Disorder. *A. Kaplan*
- 2:45 Healthy is the New Black: Results of a Pilot Translational Research Study to Inform Policies Protecting Fashion Models. *R. Rodgers*
- 3:00 Global Dissemination and Implementation of a Dissonance-Based Eating Disorder Prevention Program. *E. Stice*
- 3:15 Efficacy of an Internet-based Prevention Program for Women with Subclinical Anorexia Nervosa. *C. Jacobi*
- 3:30 A Comparison of Conjoint Family-Based Treatment and Parent-Focused Treatment for Adolescent Anorexia Nervosa. *E. Hughes*



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FRIDAY PROGRAM

2:30 - 3:45 pm
Broadway
(3rd Floor)

PARALLEL PAPERS II: PREDICTING RISK AND OUTCOME

- 2:30 Examining the Link Between Weight Suppression and Suicide Risk. *P. Keel*
- 2:45 The Moderating Effect of Pre-Treatment Body Mass Index and Duration of Illness on Treatment Outcomes in Anorexia Nervosa: Findings From a Randomised Controlled Trial Comparing Specialist Supportive Clinical Management, Maudsley Model Anorexia Nervosa Treatment for Adults and Enhanced Cognitive Behaviour Therapy. *S. Byrne*
- 3:00 Transactions Between Early Binge Eating and Personality Predict Transdiagnostic Risk. *H. Davis*
- 3:15 Does Eating Behavior Change During Treatment Among Outpatients with Anorexia Nervosa?
L. Offit
- 3:30 A Comparison of the Frequency of Familial Suicide Attempts Across Eating Disorder Diagnoses. *E. Pisetsky*



FRIDAY PROGRAM

2:30 - 3:45 pm
Minetta
(8th Floor)

A SEAT AT THE TABLE I: WHAT ARE THE KEY RESEARCH QUESTIONS AND METHODS NEEDED TO IMPROVE ED OUTCOME?

- 1 Reduced Homeostatic and Hedonic Appetite in Adolescents with Low Weight Eating Disorders: Candidate Neurodevelopmental Maintaining Mechanisms? *K. Eddy*
- 2 Response Inhibition and Weight Loss among Adolescents Before and After Bariatric Surgery. *R. Sysko*
- 3 Randomized Controlled Trial Comparing Smartphone Assisted Versus Traditional Guided Self-Help For Adults with Binge Eating. *T. Hildebrandt*
- 4 Treatment Setting Matters – an Evaluation of Prognostic Factors for Outcome in Adolescent Anorexia Nervosa After 2.5 Years. *B. Herpertz-Dahlmann*
- 5 Brain Response to Taste in Women Remitted From Bulimia Nervosa Is Not Modulated By Hunger and Fullness. *A. Ely*
- 6 “What Matters to Me”: Developing a Patient-Centred Outcome Measure (PCOM) for Avoidant/Restrictive Food Intake Disorder (ARFID). *R. Bryant-Waugh*
- 7 Top 10 Research Priorities of Patients, Families And Clinicians. *E. van Furth*
- 8 Implementation of a Transdiagnostic, Emotion-Focused Therapy in Residential Treatment: Mechanisms and Outcomes at Discharge and Follow-Up. *H. Thompson-Brenner*
- 9 Different Facets of Impulsivity Predict Treatment Outcome in Obesity and Binge Eating Disorder. *S. Manasse*

3:45 - 4:15 pm
Majestic Foyer

COFFEE BREAK

4:15 - 5:30 pm
Majestic

PARALLEL PAPERS III: PAPERS, POLICY AND INTERVENTION RESEARCH

- 4:15 Efficacy of a Specialized Group Therapy for Compulsive Exercise in Inpatients with Anorexia Nervosa: A Cluster-Randomized Controlled Trial. *U. Voderholzer*
- 4:30 Surgery-related Gastrointestinal Symptoms in a Prospective Study of Bariatric Surgery Patients: 3-year Follow-up. *M. Kalarchian*
- 4:45 Does Leptin Predict Outcome in Anorexia Nervosa? *Y. Kim*
- 5:00 A Critical Role for Puberty and Ovarian Hormones in the Development of Binge Eating in Female Rats: A Longitudinal Study. *K. Klump*
- 5:15 Identifying the Core Symptoms of Bulimia Nervosa and Associated Anxiety and Depression. *C. Levinson*

FRIDAY PROGRAM

4:15 - 5:30 pm **PARALLEL PAPERS IV: PAPERS,
POLICY AND INTERVENTION
RESEARCH**
*Broadway
(3rd Floor)*

- 4:15 Testing Two Independent Models of Loss of Control Eating Among Community-Based Girls. *A. Goldschmidt*
- 4:30 Measurement Invariance of the Eating Disorder Examination (EDE) in Black and White Children and Adolescents. *N. Burke*
- 4:45 Mediators of Change in an Internet-Based Intervention for Eating Disorders with Different Levels of Therapist Support. *E. van Furth*
- 5:00 Mother Infant Feeding Interaction (Mi-Fi): Report on Improved Feeding Interaction at 12 Month with Versus without Very Early Parent Training. *Y. Latzer*
- 5:15 Reciprocal Associations Between Eating Pathology and Parent-Child Relationships: A Monozygotic Twin Differences Study. *K. von Ranson*

4:15 - 5:30 pm **A SEAT AT THE TABLE II:
WHAT ARE THE ESSENTIAL
CONSIDERATIONS IN CLASSIFICATION
AND CLINICAL PRESENTATION THAT
PREDICT OUTCOME AND/OR IMPACT
PRACTICE AND POLICY?**
*Minetta
(8th Floor)*

- 1 Evaluation of the DSM-5 Severity Indicator for Anorexia Nervosa. *P. Machado*
- 2 Examining the Psychological and Functioning Correlates of DSM-5 Eating Disorder Severity Specifiers. *R. Sysko*
- 3 Characterizing Severe and Enduring Anorexia Nervosa: An Empirical Approach. *J. Wildes*
- 4 When Should the "Severe and Enduring" Label Be Applied to Anorexia Nervosa? Chronicity Alone May Not Be Enough. *G. Redgrave*
- 5 Do Subclinical Eating Disorder Symptoms Have Long-Term Health Consequences? *U. Kärkkäinen*
- 6 A Randomised Controlled Trial of the Loughborough Eating Disorders Activity Therapy (LEAP): A New Approach to Driven Exercise in Anorexia Nervosa. *P. Hay*
- 7 Intensive Treatment for Anorexia Nervosa (AN) – Weight Restoration at What Cost? *A. Guarda*
- 8 Identifying Latent Classes of Bulimia Nervosa Patients with Contrasting Responses to Day Hospital Treatment. *M. Thibodeau*
- 9 Network Models of Comorbid Eating Disorder and PTSD Symptoms. *K. Mitchell*

5:30 - 7:00 pm **POSTER SESSION II**
*Gershwin
(4th Floor)*

SATURDAY PROGRAM

9:00 - 10:15 am TOP ABSTRACTS & AWARDS II

Majestic

- 9:00 Changes in the Structure and Function of Fronto-Parietal Circuits Over Adolescence and the Persistence of Bulimia Nervosa. *R. Marsh*
Top Scoring Abstract
- 9:15 Long-term Outcome of Anorexia Nervosa – Results from a Large Clinical Longitudinal Study – Work in Progress. *M. Fichter*
- 9:30 An RCT Testing Carer Skills Training Interventions in Adolescent Anorexia Nervosa. *J. Treasure*
- 9:45 Transition Care in AN: Two Year Outcome of a Randomised Controlled Trial of a Carers Skills Sharing Guided Intervention. *J. Treasure*
- 10:00 Early Change Trajectories in Cognitive-Behavioral Therapy for Binge-Eating Disorder. *A. Hilbert*

10:15 - 10:45 am COFFEE BREAK

Majestic Foyer

10:45 - 12:30 pm SYMPOSIUM: BEYOND RCT'S: HOW TO MAKE TREATMENT RESEARCH MORE IMPACTFUL FOR EATING DISORDERS

Majestic

- 10:45 Introduction.
- 10:55 Who is Willing to Take Olanzapine and Why? An Initial Look at Outpatient Participants in an Olanzapine vs Placebo Trial for Anorexia Nervosa. *E. Attia*
- 11:15 Through the Looking Glass and Behind the RCT: The Loughborough Eating disorders Activity therapy (LEAP)- A New Approach to Driven Exercise in Anorexia Nervosa. *P. Hay*
- 11:35 'Current' Affairs – A Global Perspective: The Potential of Neuromodulation for the Study and Treatment of Severe and Enduring Eating Disorders. *U. Schmidt*
- 11:55 What We Need for Research to Impact Policy. *M. Schilkie*
- 12:15 Facilitated Discussion.



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SAVE THE DATE!

*23rd Annual
Eating Disorders
Research Society Meeting*

September 14-16, 2017
Leipzig, Germany



EDRS 2017