



Research article

A computer approach to assess age-related changes of the brain white matter in Alzheimer's disease

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ARTICLE INFO

Keywords:

Age-related brain variation
White matter
Alzheimer's disease
MRI
Aging

ABSTRACT

Background: Age is one of the major risk factors for Alzheimer's disease (AD) which is considered the most common adult-onset dementia. There is little information about age-related changes during brain dementia.

Methods: This study observed age-related variations in the brain throughout adulthood in magnetic resonance imaging (MRI) of the AD and healthy brains. The Open Access Series of Imaging Studies (OASIS) is used as a database. The method consists of design and develop a computer approach based on artificial intelligence (AI) to segment white matter (WM) from the MRI. Then, the number of pixels within the segmented white matter (WM) of the brain was calculated. Correlation was used to investigate age relation with WM changes in the normal and AD brain.

Results: The WM change with aging was more correlated in AD group ($r_{AD} = -0.505$, $p\text{-value} = 0.0007$) than control group ($r_{Control} = -0.357$, $p\text{-value} = 0.0001$).

Conclusion: Higher correlation of WM pixel counts with age in AD group approved that AD is characterized by the relevant involvement of the WM and age. Our approach gained additional information on the quantitative pathological changes associated with the AD as the most common brain disorder of the elderly.

1. Introduction

1.1. Alzheimer's disease and aging

Neurodegenerative disorders leading to dementia is a challenging disease for those affected [1]. Alzheimer's disease (AD) is the most form of dementia [2]. With aging, the risk of dementia particularly AD rises dramatically [3]. Investigation of the age-related changes of the brain during AD might provide a new insight to understand more about the disease, and its symptoms [4]. There is little information regarding age-related changes throughout AD, however, age-related variations on the normal human brain have been studied in different articles [5–12].

Abbreviations: AD, Alzheimer's disease; WM, White Matter; GM, Gray Matter; MRI, Magnetic Resonance Imaging; OASIS, Open Access Series of Imaging Studies; T1-w, T1-weighted; CDR, Clinical Dementia Rating; MMSE, Mini-Mental State Examination.

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<https://doi.org/10.1016/j.heliyon.2024.e37836>

Received 1 July 2024; Received in revised form 23 August 2024; Accepted 11 September 2024

Available online 14 September 2024

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1.2. Alzheimer's disease and white matter deterioration

In the evaluation of age-related brain changes, it is better to consider both white matter (WM), and gray matter (GM) parts of the brain. For a long time, AD has been considered as the GM disease and most studies assessed only GM volume decline with aging [9,10]. However, recently it has revealed that WM also involved and WM deterioration as a sign of neurodegeneration might increase dementia risk [13]. Based on the pathological evidence, WM damage even might occur independently of GM atrophy [13]. The results of previous researches about WM are different but essentially, they showed WM volume is steady or increases slight throughout adulthood (40- 50-year range) [14–16], and followed by a high decline (around 60 years old) [14–17]. In another study, GM volume loss in normal brain appeared to be a constant and linear function of age throughout adult life, whereas WM volume loss seems to be delayed until middle adult life [17].

1.3. Magnetic resonance imaging

Recent significant breakthroughs in magnetic resonance imaging (MRI) and computer technology have resulted in precise, reproducible, and quantitative assessments of brain morphometry [18–22]. We therefore conducted this study using MRI of healthy and AD individuals to quantitatively measure the age-related changes in WM.

2. Materials and methods

2.1. Subjects

The dataset in this study is Open Access Series of Imaging Studies (OASIS) database [23]. This database consists of a cross-sectional collection of MR images of 416 subjects, both men, and women (mostly women), aged between 33 and 96 years old (Table 1). The female subjects are more than the male because women live longer than men do on average and older age is one of the most criteria for AD [24].

In this study, all images are 3D T1-weighted (T1-w) MRI scans in X-Y planes. Subjects are differentiated to several groups based on a global clinical dementia rating (CDR) scale including normal with no dementia and CDR of 0, and with AD dementia including very mild AD (CDR = 0.5) and mild AD (CDR = 1). 181 subjects were without CDR and therefore they were not included. Table 1 shows the ranges of age, education levels, and gender of AD and healthy group.

2.2. Methods

Fig. 1 shows the procedure of this study. The first step is using brain MRI of AD patients and the final outputs are the effect of age on the WM in healthy and AD individuals.

The MRI scans were visually controlled (VK) to confirm that structural defects or technical artifacts were not present. Analysis of MRI data was done by the Functional Magnetic Resonance Imaging of the Brain (FMRIB) Software Library (FSL) (www.fmrib.ox.ac.uk/fsl) as our previous study [21].

Artificial intelligence model: we firstly designed and developed a new automatic artificial intelligence (AI) model to extract WM from the images. It uses Single-level discrete 2-D wavelet transform (2DWT) to extract features from the brain images [25]. Statistical features were defined in the distribution of the WM in the pixels of an image. In order to find the statistically significant features, features' comparison between groups (AD versus control) was done using statistical tests (P -values <0.05). The statistically selected features were first order statistical features including Contrast, Energy, Entropy, Mean, Root Mean Square (RMS), Standard Deviation, Skewness, Kurtosis, Variance, and Homogeneity (Table 2). These extracted features were used to identify the characteristic of the segmented WM and therefore, as input for the AI classification between early AD and healthy individuals. We chose 2DWT because it provides an efficient multi-resolution decomposition of images [26]. Principle component analysis (PCA) was used to reduce the dimensions of features [27].

Kernel support vector machine (KSVM) was used as classifier [28]. Data comparisons were adjusted for CDR, based on it, subjects are divided into two different classes, the first class includes patients with the AD (AD group) and the other class contains non-demented healthy subjects (control group).

To evaluate the performance of the AI to segment WM, the output of the WM segmentation was compared with the results of WM extracted from FSL as the gold standard. The comparison procedure was done by calculation of Sorensen-Dice similarity [29] between

Table 1
Summary of subject demographics and dementia status.

| Group | AD | Normal |
|-----------|-------|--------|
| Age | 62–92 | 33–94 |
| CDR | 0.5–1 | 0 |
| MMSE | 15–30 | 25–30 |
| Education | 1–5 | 1–5 |

Clinical Dementia Rating: CDR, Mini-Mental State Examination: MMSE.

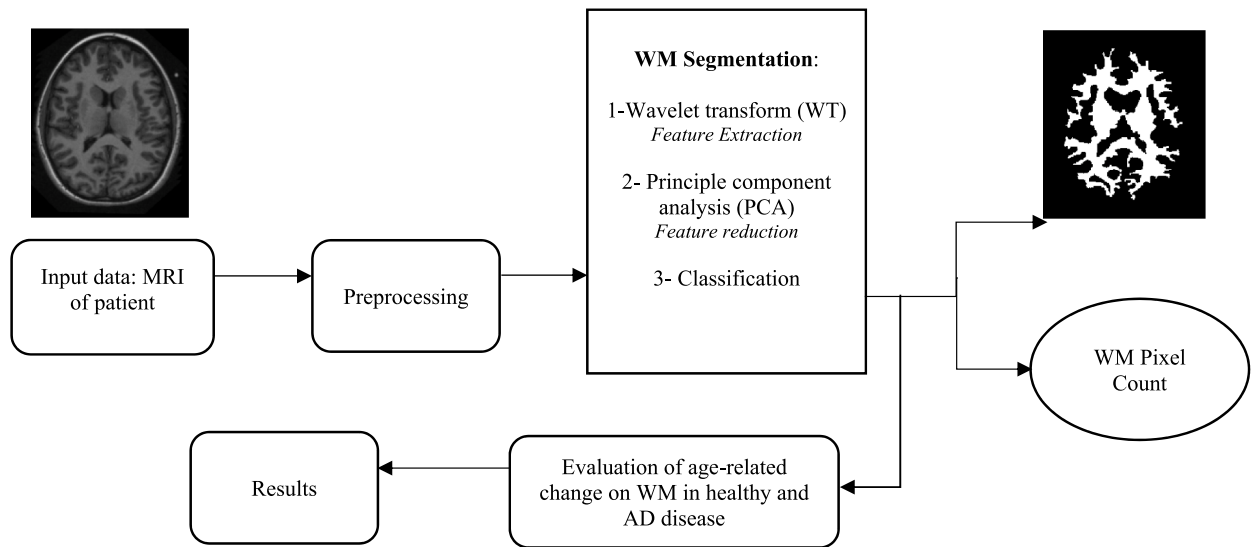


Fig. 1. Block diagram of the proposed method for the assessment of age-related WM changes throughout adulthood using magnetic resonance imaging (MRI).

Table 2

The extracted statistical features of the dataset.

| CDR | CDR 0 | | CDR 0.5 | | CDR 1 | | |
|-------------|----------|----------|----------|----------|----------|----------|----|
| | Mean, SD | Mean | SD | Mean | SD | Mean | SD |
| Contrast | 0,28557 | 0,28151 | 0,021301 | 0,012408 | 0,28619 | 0,015661 | |
| Energy | 0,77079 | 0,77457 | 0,006166 | 0,008604 | 0,76927 | 0,007893 | |
| Homogeneity | 0,93524 | 0,93644 | 0,001524 | 0,002249 | 0,9348 | 0,002266 | |
| Mean | 0,00383 | 0,00346 | 0,001102 | 0,000686 | 0,00397 | 0,000587 | |
| SD | 0,08973 | 0,08972 | 6,75E-05 | 4,83E-05 | 0,08973 | 4,22E-05 | |
| Entropy | 2,80456 | 2,78092 | 0,063483 | 0,034237 | 2,78764 | 0,038769 | |
| RMS | 0,0898 | 0,17062 | 0 | 0 | 0,0898 | 0,255575 | |
| Variance | 0,00809 | 0,00809 | 4,22E-05 | 3,16E-05 | 0,00808 | 3,16E-05 | |
| Kurtosis | 12,49786 | 12,78919 | 1,163231 | 1,938669 | 12,93199 | 1,558777 | |
| Skewness | 1,08466 | 1,1595 | 0,16185 | 0,142252 | 1,10997 | 0,214674 | |

CDR: Clinical Dementia Rating, SD: Standard Deviation, RMS: Root Mean Square.

two binary images of the results and gold standard.

Pixel count: MRI is composed of the array of pixels in different brain areas. Pixel count is the number of pixels within a specified intensity range and has been recognized as a first-order statistical feature in the MRI studies [30]. The final output of the proposed computer aided system was the number of pixels for extracted WM of each subject.

Correlation analysis: Pixel count determination provided the possibility to quantitatively verify the age-related changes of WM for each subject. Spearman’s correlation analysis [31] between age and pixel count as the volumetric variable was done in both groups of AD and control. Significant results were considered at $p < 0.05$.

All preprocessing and postprocessing of the MR images, as well as statistical analysis were performed using MATLAB R2022a.

3. Results

The results of WM segmentation using the proposed method showed an accurate performance (average Dice score = 0.891, $p < 0.001$, Fig. 2).

Fig. 3 shows the trends of changing WM during aging in control and AD groups. The black point sets represent the actual data point of MW pixel counts. Since AD mostly happens in elderly individuals, the age range of control group and AD patients are different. This range for control group covers 20–100 years while for AD is 60–100 years. The trend related to control group in first years increased and then started to decrease. In fact, control and AD brains showed inverse non-linear patterns with age. Healthy brains trend indicated a slight increment from young to middle age and slighter decrease to the old, however, the AD brains had always decreased. The correlation of WM and age in control and AD groups were -0.35 and -0.5 respectively. Higher correlation of WM pixel counts with age was found in AD group.

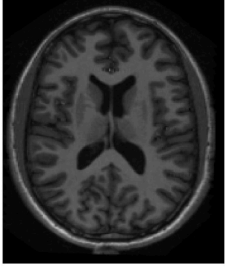
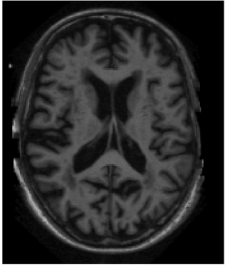

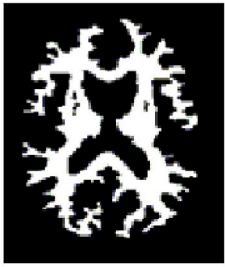
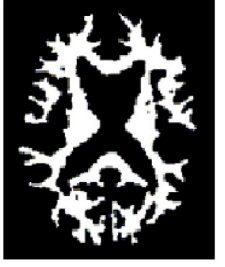
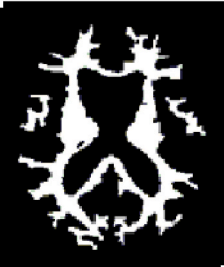
| stages | Stage 1: Healthy | Stage 2: Very Mild AD | Stage 3: Mild AD |
|--------------|---|---|---|
| MR image |  |  |  |
| EXTRACTED WM |  |  |  |
| CDR | 0 | 0.5 | 1 |

Fig. 2. The results of the artificial intelligence system for three individuals with three different levels of health including healthy brain (first column), very mild AD (second column) and mild AD (third column). First row: one slice of the magnetic resonance imaging (MRI), Second row: extracted white matter (WM) by the proposed AI system, third row: the value of clinical dementia rating (CDR) for each individual.

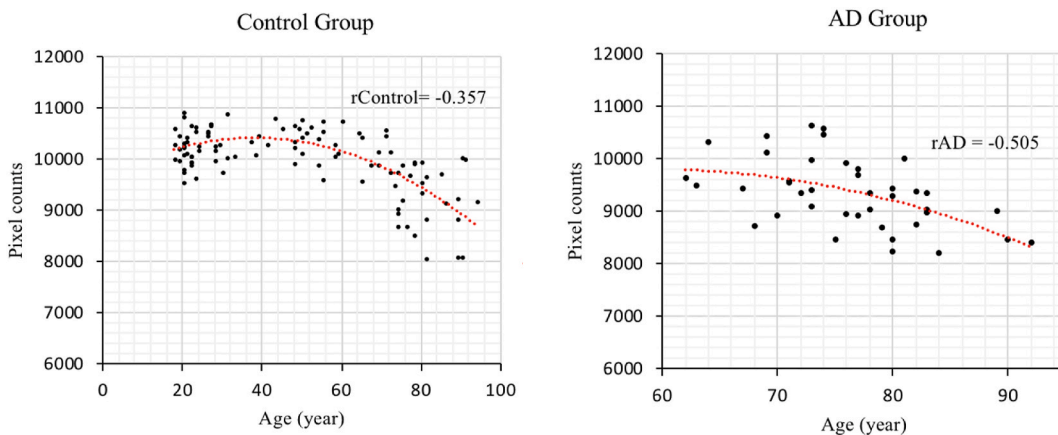


Fig. 3. The black point for each participant in their age group indicates the number of pixels (pixel count) of the retrieved white matter. The trend of pixel count with age is depicted by the red line (right: AD group, left: control group). The control group’s Spearman’s correlation coefficient is -0.357 , with a p-value of 0.0001, whereas the Alzheimer’s disease (AD) group’s is -0.505 , with a p-value of 0.0007.

4. Discussion

This work employed voxel-based morphometry and MRI to segment WM in the human brain. Furthermore, it accurately assessed normal ageing and AD in the segmented parts using pixel count in MRI. Fig. 3 showed the results of the age-related variation of WM in both control and AD groups.

Recent studies of age-related alterations have primarily focused on healthy brains. They have found conflicting results between ageing and WM changes; some have reported that WM decreases with age in the frontal, optic radiation, posterior [9] and anterior [4, 32] limbs of the internal capsule, ventrolateral thalamus [9], and anterior colpus collasum [11], while others have not [14,32,33].

Some studies used MRI to study age-related changes in WM in normal adults, and their findings revealed non-linear changing

patterns with age [34,35]. According to our findings (Fig. 3), the control group's tendency confirmed that WM variations have a non-linear shift as they go from young to middle age and subsequently decrease as they age. The WM trend was entirely in line with the findings of earlier investigations [4,9]. In the AD group, WM changes with ageing were noticeable throughout adolescence. The findings of WM pixel count in AD patients were similar with prior data and support one of our initial hypotheses of reduced WM in AD. The Spearman's correlation coefficient was used to analyze the relationship between WM and the severity of dementia as a function of age.

The WM change with aging was more correlated in AD group ($r_{AD} = -0.505$, $p\text{-value} = 0.0007$) than control group ($r_{Control} = -0.357$, $p\text{-value} = 0.0001$). The results obtained for controls appeared to be consistent with those of another study on 84 normal persons aged 13–70 years [36]. A higher value of correlation (r_{AD}) indicates that severity of the current state of the AD may influence age-related WM decline. This also suggests that, in addition to GM, WM is a cognitive change in AD, which contradicts the fact that AD has traditionally been considered as a GM disease. Few studies on the association between age, normal cognition, and brain morphology [33–38] found that reduction of both GM and WM volumes was involved in age-related cognitive alterations.

Recent studies [39,40] showed that age-related distractibility is possibly caused by impaired sensory gating by the locus coeruleus and insufficient top-down control by the frontal areas.

Regarding AD groups, we do not have exact histological proof; we can only conclude based on the findings of our study (Fig. 3) that WM pixel counts decline with age. Nonetheless, age-related abnormalities such as myelin degradation and the amount of myelinated fibre lengths may play a role [9]. As a result, these abnormalities could be caused by aging or by the residual effects of brain dementia.

4.1. Limitations

This study has provided the results about the mechanism of age-related change of brain during AD. It is limited, however, by lack of follow-up dataset for each group. Other limitations of this study are the unequal number of female and male, and imaging protocol artifacts of the dataset. Further research endeavors should aim to consider these to provide better insight of age-related brain changes in the AD.

5. Conclusion

Our study presented an accurate standardization of MRI method for assessing WM alterations during brain dementia despite the previous studies that mostly employed the same techniques for both GM and WM volumetric evaluations. In addition, the majority of prior studies only looked at certain areas of WM in healthy brains, which may not be useful for assessing WM changes, especially in dementia patients. We picked full brain images based on a published study's recommendation [9], which said that in order to have a better knowledge of the pathological alterations of neurological disorders, entire brain images are desirable [9]. The global consideration of WM instead of regional provided an overall approach to detect age-related brain changes in both groups. In this study, higher correlation of WM pixel counts with age approved that AD is characterized by the relevant involvement of the WM and aging. Most of the studies about aging and AD were single-site or using relatively small sample sizes [4,41–43], our dataset, which included both healthy subjects and AD patients, enabled us to overcome this limitation. In order to develop and leverage this method for individuals with AD, research needs to use a representative sample of equal amounts of men and women.

Funding information

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

CRediT authorship contribution statement

Vania Karami: Writing – original draft, Software, Methodology, Data analysis. **Giovanna Ricci:** Writing – review & editing, Resources. **Giuliano Pesel:** Writing – review & editing, Software, Investigation. **Giulio Nittari:** Writing – review & editing, Writing – original draft, Validation, Supervision, Project administration, Methodology, Conceptualization.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgments

Data of this study were provided by OASIS; OASIS Cross-Sectional: Principal Investigators: D. Marcus, R. Buckner, J. Csernansky J. Morris; P50 AG05681, P01 AG03991, P01 AG026276, R01 AG021910, P20 MH071616, U24 RR021382.

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